

Einlaufliste wbl. / mnl. Einzelwettbewerb (750m - 20km - 5,9km)

Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Stnr.	Download
1.	Zanner, Beate	Triathlon Gera / ILB-GRÄKJÆR	W40-44	1	14:54	1:59	(7)	0:34:26	34,85	(1)	24:20	4:07	(1)	1:13:40		245	[Urkunde]
2.	Richter, Jana	Gealan TriTeam IFl Hof / LATV Plauen	W45-49	1	13:30	1:48	(2)	0:37:36	31,91	(2)	24:57	4:14	(3)	1:16:03	+2:23	274	[Urkunde]
3.	Lauterbach, Amy	TRISStars Markkleeberg	W25-29	1	13:10	1:45	(1)	0:40:09	29,89	(5)	25:27	4:19	(6)	1:18:46	+5:06	243	[Urkunde]
4.	Zelt, Stefanie	SG Adelsberg	W30-34	1	15:11	2:01	(8)	0:39:06	30,69	(3)	25:18	4:17	(4)	1:19:35	+5:55	256	[Urkunde]
5.	Heß, Rebekka	Auerbach	W25-29	2	15:23	2:03	(9)	0:39:40	30,25	(4)	26:21	4:28	(8)	1:21:24	+7:44	255	[Urkunde]
6.	Jentzsch, Celia		W20-24	1	14:06	1:53	(3)	0:43:03	27,87	(15)	24:21	4:08	(2)	1:21:30	+7:50	247	[Urkunde]
7.	Eberhardt, Franziska	Lauf-KulTour	W25-29	3	14:43	1:58	(5)	0:42:04	28,53	(9)	26:16	4:27	(7)	1:23:03	+9:23	261	[Urkunde]
8.	Kölbel, Michelle	Reichenbach	W25-29	4	17:16	2:18	(19)	0:42:33	28,20	(11)	26:29	4:29	(10)	1:26:18	+12:38	254	[Urkunde]
9.	Rosch, Alina	LATV Plauen	wJgdA	1	17:42	2:22	(21)	0:42:38	28,15	(13)	26:28	4:29	(9)	1:26:48	+13:08	241	[Urkunde]
10.	Trommler, Corinna	RSV Augustusburg	W30-34	2	16:20	2:11	(14)	0:42:05	28,51	(10)	28:45	4:52	(18)	1:27:10	+13:30	238	[Urkunde]
11.	Will, Charlotte	Plauen	W25-29	5	14:47	1:58	(6)	0:42:54	27,97	(14)	29:56	5:04	(22)	1:27:37	+13:57	205	[Urkunde]
12.	Gottsmann, Anita	DAV Halle	W25-29	6	16:14	2:10	(12)	0:41:50	28,69	(7)	29:35	5:01	(20)	1:27:39	+13:59	260	[Urkunde]
13.	Kirsten, Melanie	ATS Kulmbach	W20-24	2	16:49	2:15	(15)	0:40:53	29,35	(6)	30:25	5:09	(27)	1:28:07	+14:27	221	[Urkunde]
14.	Bole, Celine	Bayreuth	W20-24	3	16:08	2:09	(11)	0:43:36	27,52	(17)	28:37	4:51	(16)	1:28:21	+14:41	211	[Urkunde]
15.	Meckel, Sandra	LATV Plauen	W50-54	1	16:14	2:10	(12)	0:45:36	26,32	(28)	29:08	4:56	(19)	1:30:58	+17:18	252	[Urkunde]
16.	Hebenstreit, Maria	CD ISD Huracan Puerto Sagunto	W40-44	2	17:20	2:19	(20)	0:45:35	26,33	(27)	28:40	4:52	(17)	1:31:35	+17:55	217	[Urkunde]
17.	Kunitzki, Sylvie	Moritzburger Triathlon Verein	W45-49	2	20:01	2:40	(36)	0:41:57	28,61	(8)	29:46	5:03	(21)	1:31:44	+18:04	240	[Urkunde]
18.	Schulz, Susann	Ingolstadt	W40-44	3	17:45	2:22	(22)	0:49:01	24,48	(43)	25:26	4:19	(5)	1:32:12	+18:32	253	[Urkunde]
19.	Laubmann, Hannah	Gealan TriTeam IFl Hof	W20-24	4	14:41	1:57	(4)	0:45:07	26,60	(22)	32:38	5:32	(35)	1:32:26	+18:46	258	[Urkunde]
20.	Thurau, Janine	Kolba	W40-44	4	16:51	2:15	(16)	0:45:19	26,48	(24)	30:43	5:12	(28)	1:32:53	+19:13	242	[Urkunde]
21.	Litwinnenko, Charlotte	Halle	W25-29	7	19:12	2:34	(32)	0:45:15	26,52	(23)	28:32	4:50	(15)	1:32:59	+19:19	233	[Urkunde]
22.	Grund, Katrin	Chillrental	W30-34	3	20:09	2:41	(38)	0:44:55	26,72	(19)	27:59	4:45	(11)	1:33:03	+19:23	230	[Urkunde]
22.	Heckmann, Kersten	TV 1848 Erlangen	W55-59	1	18:09	2:25	(24)	0:44:32	26,95	(18)	30:22	5:09	(25)	1:33:03	+19:23	237	[Urkunde]
24.	Mainka, Nathalie	Dresden	W25-29	8	20:36	2:45	(45)	0:42:33	28,20	(11)	30:22	5:09	(25)	1:33:31	+19:51	232	[Urkunde]
25.	Günther, Christin	SV Burkhardtgrün	W40-44	5	19:13	2:34	(33)	0:43:22	27,67	(16)	31:29	5:20	(31)	1:34:04	+20:24	262	[Urkunde]
26.	Kelhar, Zuzana	Plauen	W35-39	1	18:25	2:27	(27)	0:45:24	26,43	(26)	31:09	5:17	(29)	1:34:58	+21:18	250	[Urkunde]
27.	Obermann, Katrin	Wasserwacht Plauen	W50-54	2	20:07	2:41	(37)	0:45:01	26,66	(21)	29:57	5:05	(23)	1:35:05	+21:25	257	[Urkunde]
28.	Günther, Susann	FC Erzgebirge Aue Ski	W45-49	3	22:05	2:57	(49)	0:44:58	26,69	(20)	28:24	4:49	(14)	1:35:27	+21:47	259	[Urkunde]
29.	Stirner, Christin	Plauen	W35-39	2	21:10	2:49	(47)	0:46:27	25,83	(32)	28:15	4:47	(13)	1:35:52	+22:12	206	[Urkunde]
30.	Thiele, Annett	LSV Pirna	W50-54	3	20:28	2:44	(42)	0:45:20	26,47	(25)	30:19	5:08	(24)	1:36:07	+22:27	251	[Urkunde]
31.	Kessler, Antje	Boulderhalle Plauen	W45-49	4	15:59	2:08	(10)	0:47:54	25,05	(40)	32:17	5:28	(33)	1:36:10	+22:30	249	[Urkunde]
32.	Osada, Nadine	Großfriesen	W45-49	5	18:48	2:30	(30)	0:45:55	26,13	(29)	32:06	5:26	(32)	1:36:49	+23:09	219	[Urkunde]
33.	Knüpfer, Katja	Treuen	W20-24	5	16:59	2:16	(17)	0:47:03	25,50	(34)	32:51	5:34	(37)	1:36:53	+23:13	225	[Urkunde]
34.	Stark, Katharina	Fräulein Triathlon	W45-49	6	18:28	2:28	(28)	0:46:44	25,68	(33)	32:36	5:32	(34)	1:37:48	+24:08	203	[Urkunde]
35.	Anhut, Annett	TSV Elektronik Gornsdorf	W50-54	4	19:38	2:37	(35)	0:50:37	23,71	(48)	28:13	4:47	(12)	1:38:28	+24:48	222	[Urkunde]

23. Pöhler Triathlon am 13.08.2023

Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
36.	Heinbuch, Elke	ASV Triathlon Kulmbach	W55-59	2	17:12	2:18	(18)	0:47:46	25,12	(39)	34:08	5:47	(40)	1:39:06	+25:26	210	[Urkunde]
37.	Hahn-Gey, Claudia	Saalfelder Schwimmverein	W50-54	5	18:16	2:26	(25)	0:48:36	24,69	(41)	33:23	5:39	(38)	1:40:15	+26:35	216	[Urkunde]
38.	Frisch, Angela	ESV Lok Adorf	W55-59	3	20:11	2:41	(40)	0:48:58	24,51	(42)	31:24	5:19	(30)	1:40:33	+26:53	227	[Urkunde]
39.	Pappritz, Andrea	Fräulein Triathlon	W30-34	4	21:37	2:53	(48)	0:46:08	26,01	(30)	34:38	5:52	(43)	1:42:23	+28:43	215	[Urkunde]
40.	Fischer, Bettina	Bad Elster	W35-39	3	17:48	2:22	(23)	0:46:17	25,93	(31)	38:34	6:32	(49)	1:42:39	+28:59	208	[Urkunde]
41.	Roedel, Berthe	Berlin	W25-29	9	18:40	2:29	(29)	0:47:22	25,33	(37)	36:48	6:14	(47)	1:42:50	+29:10	209	[Urkunde]
42.	Hamann, Christina	SV 1953 Großwaltersdorf	W45-49	7	19:18	2:34	(34)	0:50:16	23,87	(47)	33:49	5:44	(39)	1:43:23	+29:43	226	[Urkunde]
43.	Beyer-Gloeckner, Annett	Laufclub Rudolstadt	W45-49	8	24:21	3:15	(55)	0:47:18	25,37	(36)	32:43	5:33	(36)	1:44:22	+30:42	235	[Urkunde]
44.	Kielmann, Lydia	Glauchau	W45-49	9	20:27	2:44	(41)	0:49:33	24,22	(45)	34:47	5:54	(44)	1:44:47	+31:07	229	[Urkunde]
45.	Cwienzek, Cosima	Dresden	W20-24	6	23:14	3:06	(53)	0:47:44	25,14	(38)	34:22	5:49	(42)	1:45:20	+31:40	231	[Urkunde]
46.	Hösel, Bianca	Oelsnitz	W30-34	5	22:23	2:59	(50)	0:47:09	25,45	(35)	38:42	6:34	(50)	1:48:14	+34:34	220	[Urkunde]
47.	Behning, Doris	Saalfelder LV	W60-64	1	20:28	2:44	(42)	0:53:53	22,27	(52)	35:39	6:03	(45)	1:50:00	+36:20	234	[Urkunde]
48.	Härtl, Maria	Jößnitz	W40-44	6	20:10	2:41	(39)	0:49:43	24,14	(46)	40:22	6:51	(52)	1:50:15	+36:35	244	[Urkunde]
49.	Scholz, Lysiane	Waldkirchen	W20-24	7	18:17	2:26	(26)	0:55:33	21,60	(55)	36:28	6:11	(46)	1:50:18	+36:38	239	[Urkunde]
50.	Brückner, Sandy	DLRG Heidenau	W40-44	7	19:04	2:33	(31)	0:51:49	23,16	(50)	39:32	6:42	(51)	1:50:25	+36:45	213	[Urkunde]
51.	Kühn, Anja	Fräulein Triathlon	W45-49	10	24:43	3:18	(57)	0:52:53	22,69	(51)	34:20	5:49	(41)	1:51:56	+38:16	202	[Urkunde]
52.	Fischer, Ute	TSV 1888 Falkenau	W55-59	4	23:18	3:06	(54)	0:49:19	24,33	(44)	40:23	6:51	(53)	1:53:00	+39:20	207	[Urkunde]
53.	Kowalski, Edith	Triathlon Gera	W65-69	1	20:50	2:47	(46)	0:50:38	23,70	(49)	41:53	7:06	(54)	1:53:21	+39:41	246	[Urkunde]
54.	Blehschmidt, Reina	SG Falkenstein	W50-54	6	25:09	3:21	(58)	0:56:11	21,36	(56)	37:47	6:24	(48)	1:59:07	+45:27	248	[Urkunde]
55.	Rosenthal, Grit	Zell am Main	W55-59	5	23:04	3:05	(52)	0:57:43	20,79	(58)	42:37	7:13	(55)	2:03:24	+49:44	214	[Urkunde]
56.	Hauck, Anett	Chemnitz	W40-44	8	20:31	2:44	(44)	0:57:29	20,88	(57)	47:01	7:58	(58)	2:05:01	+51:21	228	[Urkunde]
57.	Mlynek, Anne	IfL Hof	W20-24	8	22:28	3:00	(51)	0:54:22	22,07	(54)	48:54	8:17	(60)	2:05:44	+52:04	224	[Urkunde]
58.	Schmieder, Kerstin	Aue-Bad Schlema	W55-59	6	26:01	3:28	(59)	0:53:57	22,24	(53)	47:20	8:01	(59)	2:07:18	+53:38	218	[Urkunde]
59.	Rose, Kathrin	Plauen	W40-44	9	24:35	3:17	(56)	1:00:19	19,89	(59)	44:32	7:33	(57)	2:09:26	+55:46	223	[Urkunde]
60.	Kutzmann, Anja	Fräulein Triathlon	W40-44	10	26:48	3:34	(60)	1:02:03	19,34	(60)	43:39	7:24	(56)	2:12:30	+58:50	212	[Urkunde]
1.	Dressel-Putz, Philipp	SC Plauen 06	M25-29	1	10:19	1:23	(1)	0:31:22	38,26	(1)	19:20	3:17	(1)	1:01:01		001	[Urkunde]
2.	Schönberger, Paul	Gealan TriTeam IfL Hof	M20-24	1	12:02	1:36	(3)	0:36:19	33,04	(16)	21:38	3:40	(5)	1:09:59	+8:58	016	[Urkunde]
3.	Ottiger, Marcel	TSV Saalburg e.V.	M25-29	2	16:19	2:11	(74)	0:33:13	36,13	(2)	20:55	3:33	(2)	1:10:27	+9:26	059	[Urkunde]
4.	Puchta, Florian	IfL Hof	M25-29	3	12:02	1:36	(3)	0:35:31	33,79	(7)	23:06	3:55	(10)	1:10:39	+9:38	426	[Urkunde]
5.	Kuhne, Robert	Triathlonverein Dresden	M25-29	4	14:19	1:55	(31)	0:33:53	35,42	(3)	22:32	3:49	(7)	1:10:44	+9:43	020	[Urkunde]
6.	Lenk, Marcus	TuS Ahnsen	M40-44	1	13:31	1:48	(22)	0:35:44	33,58	(10)	21:36	3:40	(4)	1:10:51	+9:50	003	[Urkunde]
7.	Schneider, Dirk	SC Plauen 06	M35-39	1	12:04	1:37	(5)	0:35:52	33,46	(12)	22:57	3:53	(9)	1:10:53	+9:52	115	[Urkunde]
8.	Hahn, Philippe	SG Adelsberg	M30-34	1	13:28	1:48	(21)	0:35:43	33,60	(9)	22:43	3:51	(8)	1:11:54	+10:53	146	[Urkunde]
8.	Fritze, Benjamin	Zwickau	M35-39	2	12:24	1:39	(10)	0:35:35	33,72	(8)	23:55	4:03	(14)	1:11:54	+10:53	100	[Urkunde]
10.	Anwand, Tino	Traktor Albernau	M40-44	2	16:30	2:12	(78)	0:35:04	34,22	(5)	21:32	3:39	(3)	1:13:06	+12:05	018	[Urkunde]
11.	Maul, Andreas	Zweirad-HAUS Zwickau/FangDasGnu	M40-44	3	12:13	1:38	(8)	0:35:50	33,49	(11)	25:44	4:22	(42)	1:13:47	+12:46	099	[Urkunde]
12.	Plarre, Matthias	SSV Gera	M30-34	2	17:01	2:16	(92)	0:34:41	34,60	(4)	22:13	3:46	(6)	1:13:55	+12:54	348	[Urkunde]
13.	Boese, Stefan	Gealan TriTeam IfL Hof	M45-49	1	13:27	1:48	(20)	0:36:12	33,15	(15)	24:32	4:09	(19)	1:14:11	+13:10	074	[Urkunde]

Zeitnahme und Auswertung:

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23. Pöhler Triathlon am 13.08.2023

Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
14.	Liebold, Jarne	TRIAMALT Triathlon Team /HSV Weimar	mJgdA	1	12:19	1:39	(9)	0:36:57	32,48	(25)	24:58	4:14	(29)	1:14:14	+13:13	022	[Urkunde]
15.	Ganzon, Martin	SV Zwickau 04	M40-44	4	12:24	1:39	(10)	0:36:09	33,20	(14)	26:37	4:31	(56)	1:15:10	+14:09	015	[Urkunde]
16.	Mende, Stephan	Triathlon Team Vogtland	M40-44	5	15:40	2:05	(53)	0:35:07	34,17	(6)	24:42	4:11	(23)	1:15:29	+14:28	080	[Urkunde]
17.	Michael, Christopher	MaTriDu-Gefrees	M35-39	3	12:49	1:43	(17)	0:38:01	31,57	(37)	24:40	4:11	(22)	1:15:30	+14:29	069	[Urkunde]
18.	Birke, Christian	DJK Teutonia Gaustadt / Team Zoot	M35-39	4	13:12	1:46	(18)	0:37:35	31,93	(31)	25:23	4:18	(34)	1:16:10	+15:09	407	[Urkunde]
19.	Ziegener, Dirk	SC DHfK	M40-44	6	13:59	1:52	(28)	0:37:26	32,06	(30)	24:49	4:12	(26)	1:16:14	+15:13	090	[Urkunde]
20.	Folde, Sascha	Rehazenrum ADMEDIA Plauen GmbH	M35-39	5	11:50	1:35	(2)	0:39:18	30,53	(48)	25:08	4:16	(30)	1:16:16	+15:15	350	[Urkunde]
21.	Hopfmann, Franz	Sport Hopfmann / SG Falkenstein	M40-44	7	12:12	1:38	(7)	0:36:45	32,65	(22)	27:24	4:39	(71)	1:16:21	+15:20	002	[Urkunde]
22.	Schrader, Sebastian	Lengenfeld	M35-39	6	16:16	2:10	(72)	0:37:25	32,07	(29)	23:06	3:55	(10)	1:16:47	+15:46	058	[Urkunde]
23.	Schicker, Tim	SV Burkhardtgrün	M30-34	3	14:09	1:53	(30)	0:38:23	31,26	(39)	24:32	4:09	(19)	1:17:04	+16:03	118	[Urkunde]
24.	Broßmann, Patrick	Kolba	M45-49	2	16:00	2:08	(62)	0:36:23	32,98	(17)	24:45	4:12	(24)	1:17:08	+16:07	103	[Urkunde]
25.	Geleschus, Eric	Grimma	M40-44	8	12:11	1:37	(6)	0:38:39	31,05	(42)	26:20	4:28	(51)	1:17:10	+16:09	063	[Urkunde]
26.	Müller, Jiri	STV Limbach-Oberfrohna	M55-59	1	12:36	1:41	(14)	0:38:23	31,26	(39)	26:14	4:27	(48)	1:17:13	+16:12	048	[Urkunde]
27.	Reise, Markus	Jena	M35-39	7	15:07	2:01	(41)	0:37:13	32,24	(28)	25:36	4:20	(40)	1:17:56	+16:55	081	[Urkunde]
28.	Luft, Michael	Gealan TriTeam IFL Hof	M35-39	8	15:42	2:06	(55)	0:36:31	32,86	(18)	25:46	4:22	(44)	1:17:59	+16:58	097	[Urkunde]
29.	Bausch, Rene	Sportgruppe Bienenfließ	M40-44	9	14:53	1:59	(39)	0:37:45	31,79	(34)	25:33	4:20	(39)	1:18:11	+17:10	073	[Urkunde]
30.	Orlamünder, Eckhard	TSV Saalburg e.V.	M50-54	1	13:24	1:47	(19)	0:38:45	30,97	(44)	26:14	4:27	(48)	1:18:23	+17:22	046	[Urkunde]
31.	Voigt, Thomas	TriTeam Glauchau	M55-59	2	17:16	2:18	(102)	0:36:32	32,85	(19)	24:45	4:12	(24)	1:18:33	+17:32	040	[Urkunde]
32.	Rudolf, Pierre	Crinitzberg	M35-39	9	14:51	1:59	(38)	0:39:37	30,29	(56)	24:07	4:05	(15)	1:18:35	+17:34	027	[Urkunde]
33.	Koch, David	ATS Kulmbach	M25-29	5	15:22	2:03	(46)	0:36:06	33,24	(13)	27:15	4:37	(68)	1:18:43	+17:42	061	[Urkunde]
34.	Günther, Marcus	SV Burkhardtgrün	M40-44	10	14:38	1:57	(36)	0:37:51	31,70	(35)	26:26	4:29	(53)	1:18:55	+17:54	087	[Urkunde]
35.	Weber, Thomas	Triathlonfuchse Osterburg	M45-49	3	16:56	2:15	(86)	0:36:45	32,65	(22)	25:44	4:22	(42)	1:19:25	+18:24	140	[Urkunde]
36.	Simon, Falk	Turner können alles	M40-44	11	17:04	2:17	(96)	0:36:33	32,83	(20)	25:52	4:23	(45)	1:19:29	+18:28	368	[Urkunde]
37.	Görigk, Simon	Wurstschnitzel Racing Team	M25-29	6	17:43	2:22	(117)	0:36:38	32,76	(21)	25:30	4:19	(37)	1:19:51	+18:50	339	[Urkunde]
38.	Kunz, Rene	Weißenfels	M40-44	12	15:05	2:01	(40)	0:40:24	29,70	(73)	24:31	4:09	(17)	1:20:00	+18:59	430	[Urkunde]
39.	Oertel, Cornelius	SV Großwaltersdorf	M35-39	10	15:22	2:03	(46)	0:37:09	32,30	(27)	27:41	4:42	(80)	1:20:12	+19:11	137	[Urkunde]
40.	Richter, Tom	Ausdauerfreunde Knauthain	M35-39	11	16:50	2:15	(82)	0:38:05	31,51	(38)	25:31	4:19	(38)	1:20:26	+19:25	406	[Urkunde]
41.	Stephani, Patrick	Leipzig	M35-39	12	16:54	2:15	(85)	0:37:36	31,91	(32)	26:20	4:28	(51)	1:20:50	+19:49	374	[Urkunde]
42.	Liebold, Ingolf	HSV Weimar Triathlon	M50-54	2	12:47	1:42	(16)	0:40:51	29,38	(80)	27:32	4:40	(77)	1:21:10	+20:09	019	[Urkunde]
43.	Graumüller, Ralf	TSV 1880 Gera Zwätzen	M50-54	3	16:16	2:10	(72)	0:39:46	30,18	(61)	25:13	4:16	(32)	1:21:15	+20:14	072	[Urkunde]
44.	Zorn, Henry	Papa's Krieger	M45-49	4	17:04	2:17	(96)	0:39:02	30,74	(46)	25:22	4:18	(33)	1:21:28	+20:27	134	[Urkunde]
45.	Fankhänel, Michael	Post SV Plauen Boxen	M40-44	13	13:46	1:50	(25)	0:41:40	28,80	(96)	26:18	4:27	(50)	1:21:44	+20:43	077	[Urkunde]
46.	Fischer, Ralf	LATV Plauen	M55-59	3	15:33	2:04	(48)	0:39:25	30,44	(50)	26:59	4:34	(65)	1:21:57	+20:56	014	[Urkunde]
47.	Pflugbeil, Kurt	TSV Einheit Süd Chemnitz	M30-34	4	13:36	1:49	(23)	0:42:09	28,47	(107)	26:49	4:33	(62)	1:22:34	+21:33	375	[Urkunde]
48.	Reichel, Tom	Matzing	M25-29	7	19:08	2:33	(183)	0:36:54	32,52	(24)	26:35	4:30	(55)	1:22:37	+21:36	031	[Urkunde]
49.	von der Grün, David	#TEAMVDG	M30-34	5	16:59	2:16	(89)	0:37:40	31,86	(33)	27:59	4:45	(88)	1:22:38	+21:37	109	[Urkunde]
50.	Bernd, Peter	Ismaning	M40-44	14	15:54	2:07	(58)	0:41:59	28,58	(104)	24:57	4:14	(28)	1:22:50	+21:49	124	[Urkunde]
51.	Böttger, David	Herzfabrik Kirche	M35-39	13	17:22	2:19	(106)	0:38:41	31,02	(43)	26:48	4:33	(60)	1:22:51	+21:50	116	[Urkunde]
52.	Steinmetzger, Nico	Gera	M35-39	14	13:42	1:50	(24)	0:39:34	30,33	(53)	29:42	5:02	(129)	1:22:58	+21:57	043	[Urkunde]

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Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
53.	Seifert, Steffen	SV Zwickau 04	M55-59	4	16:14	2:10	(70)	0:40:09	29,89	(70)	26:49	4:33	(62)	1:23:12	+22:11	062	[Urkunde]
54.	Jünger, Carsten	Triathlon Chemnitz	M40-44	15	15:21	2:03	(45)	0:40:58	29,29	(84)	26:56	4:34	(64)	1:23:15	+22:14	056	[Urkunde]
55.	Wetzstein, Erik	SVV Plauen	M25-29	8	12:29	1:40	(12)	0:43:16	27,73	(129)	27:31	4:40	(76)	1:23:16	+22:15	142	[Urkunde]
56.	Näser, Benjamin	Dresden	M30-34	6	18:43	2:30	(169)	0:37:59	31,59	(36)	26:46	4:32	(58)	1:23:28	+22:27	309	[Urkunde]
57.	Pätz, Markus	Treuener LV	M40-44	16	20:25	2:43	(215)	0:38:34	31,11	(41)	24:35	4:10	(21)	1:23:34	+22:33	098	[Urkunde]
58.	Herold, Tim	ADMEDIA Reha GmbH Chemnitz	M35-39	15	17:31	2:20	(111)	0:42:38	28,15	(118)	23:32	3:59	(12)	1:23:41	+22:40	102	[Urkunde]
59.	Varga, Adam	Dresden	M25-29	9	13:50	1:51	(26)	0:42:15	28,40	(109)	27:38	4:41	(79)	1:23:43	+22:42	410	[Urkunde]
60.	Lorenz, Konstantin	Herzfabrik Kirche	M30-34	7	18:19	2:27	(142)	0:39:34	30,33	(53)	26:00	4:24	(47)	1:23:53	+22:52	370	[Urkunde]
61.	Samolewicz, Alex	Rodewisch	M25-29	10	18:39	2:29	(165)	0:39:38	30,28	(57)	25:43	4:22	(41)	1:24:00	+22:59	312	[Urkunde]
62.	Hantusch, Martin	Skisportverein Auerbach	M35-39	16	16:01	2:08	(63)	0:40:07	29,91	(68)	27:58	4:44	(87)	1:24:06	+23:05	450	[Urkunde]
63.	Vogel, Felix	TriTeam UniBw München	M25-29	11	15:52	2:07	(57)	0:41:06	29,20	(87)	27:10	4:36	(66)	1:24:08	+23:07	078	[Urkunde]
64.	Eißner, Michael	Chemnitz	M35-39	17	15:34	2:05	(50)	0:40:36	29,56	(76)	28:18	4:48	(99)	1:24:28	+23:27	127	[Urkunde]
65.	Möckel, Tino	Halberhai e.V. Nürnberg	M45-49	5	16:05	2:09	(65)	0:39:51	30,11	(62)	28:38	4:51	(108)	1:24:34	+23:33	032	[Urkunde]
66.	Tödtmann, Anton	SG Jößnitz	M20-24	2	17:58	2:24	(127)	0:42:06	28,50	(106)	24:31	4:09	(17)	1:24:35	+23:34	324	[Urkunde]
67.	Schikora, Colin	SV Wismut Seelingstädt / Erdinger Active Team	M20-24	3	17:04	2:17	(96)	0:39:35	30,32	(55)	27:59	4:45	(88)	1:24:38	+23:37	060	[Urkunde]
68.	Rohland, Dirk	Rötha	M45-49	6	15:37	2:05	(52)	0:39:29	30,39	(51)	29:34	5:01	(128)	1:24:40	+23:39	049	[Urkunde]
69.	Ebert, Nico	KOBRA Formen	M35-39	18	17:50	2:23	(122)	0:37:03	32,39	(26)	29:50	5:03	(132)	1:24:43	+23:42	023	[Urkunde]
70.	Blehschmidt, Falk	SG Falkenstein	M55-59	5	16:07	2:09	(66)	0:40:26	29,68	(75)	28:13	4:47	(97)	1:24:46	+23:45	092	[Urkunde]
71.	Dürrbeck, Frank	SG Jößnitz	M40-44	17	18:52	2:31	(177)	0:40:54	29,34	(81)	25:08	4:16	(30)	1:24:54	+23:53	445	[Urkunde]
72.	Tödtmann, Lorenz	SG Jößnitz	M20-24	4	19:08	2:33	(183)	0:41:00	29,27	(86)	24:56	4:14	(27)	1:25:04	+24:03	325	[Urkunde]
73.	Hentzschel, Sven	Coswig	M40-44	18	18:00	2:24	(128)	0:39:43	30,21	(59)	27:26	4:39	(72)	1:25:09	+24:08	310	[Urkunde]
74.	Arnold, Sebastian	SSV Blau-Weiß Gersdorf	M35-39	19	16:29	2:12	(77)	0:40:03	29,96	(66)	28:46	4:53	(112)	1:25:18	+24:17	132	[Urkunde]
75.	Künemund, Jürgen	Volkssport Halle	M40-44	19	16:52	2:15	(84)	0:40:46	29,44	(79)	27:56	4:44	(84)	1:25:34	+24:33	353	[Urkunde]
76.	Kruppa, Sven	TSV Elektronik Gornsdorf	M50-54	4	15:46	2:06	(56)	0:40:08	29,90	(69)	29:52	5:04	(133)	1:25:46	+24:45	055	[Urkunde]
77.	Krauss, Axel	TSV Hof 1861	M50-54	5	14:25	1:55	(32)	0:43:23	27,66	(136)	28:02	4:45	(93)	1:25:50	+24:49	091	[Urkunde]
78.	Rink, Patrick	VfB Lengenfeld	M30-34	8	18:27	2:28	(150)	0:43:31	27,58	(141)	23:53	4:03	(13)	1:25:51	+24:50	088	[Urkunde]
79.	Trauboth, Knut	BSV AOK Leipzig	M50-54	6	17:26	2:19	(110)	0:40:10	29,88	(71)	28:24	4:49	(102)	1:26:00	+24:59	101	[Urkunde]
80.	Martin, Marc	ADMEDIA Reha GmbH Chemnitz	M35-39	20	18:14	2:26	(135)	0:39:32	30,35	(52)	28:17	4:48	(98)	1:26:03	+25:02	104	[Urkunde]
81.	Meyer, Mario	SG Rotschau	M45-49	7	19:47	2:38	(203)	0:39:41	30,24	(58)	26:46	4:32	(58)	1:26:14	+25:13	079	[Urkunde]
82.	Lippmann, Tim	Freiberg	M30-34	9	16:50	2:15	(82)	0:40:57	29,30	(82)	28:35	4:51	(105)	1:26:22	+25:21	346	[Urkunde]
83.	Unger, Tim	SV Burkhardtgrün	M20-24	5	14:31	1:56	(33)	0:40:01	29,99	(65)	31:59	5:25	(177)	1:26:31	+25:30	094	[Urkunde]
84.	Rudolph, Steffen	Team Iron Mind	M55-59	6	18:00	2:24	(128)	0:40:41	29,50	(78)	27:56	4:44	(84)	1:26:37	+25:36	138	[Urkunde]
85.	Bucko, Jürgen	Erdinger Active Team	M40-44	20	16:56	2:15	(86)	0:42:16	28,39	(111)	27:26	4:39	(72)	1:26:38	+25:37	352	[Urkunde]
86.	Schmutzler, Philipp	VLV	M35-39	21	18:36	2:29	(159)	0:40:57	29,30	(82)	27:15	4:37	(68)	1:26:48	+25:47	111	[Urkunde]
87.	Rabe, Thomas	Saalfeld	M50-54	7	15:56	2:07	(60)	0:42:10	28,46	(108)	28:59	4:55	(115)	1:27:05	+26:04	093	[Urkunde]
88.	Enders, Patrick	Leubnitzer SV 1898	M40-44	21	19:23	2:35	(191)	0:39:44	30,20	(60)	28:00	4:45	(91)	1:27:07	+26:06	108	[Urkunde]
89.	Plontke, Ronny	Team FangtDasGnu	M45-49	8	16:09	2:09	(68)	0:39:23	30,47	(49)	31:38	5:22	(173)	1:27:10	+26:09	041	[Urkunde]
90.	Knabe, Sascha	Reichenbach	M30-34	10	16:20	2:11	(75)	0:42:42	28,10	(119)	28:30	4:50	(103)	1:27:32	+26:31	005	[Urkunde]
91.	Grimm, Lars	Bangkran Racing Team	M45-49	9	17:25	2:19	(109)	0:39:01	30,76	(45)	31:08	5:17	(158)	1:27:34	+26:33	024	[Urkunde]

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Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
92.	Grellmann, Tobias	Plauen	M40-44	22	16:13	2:10	(69)	0:41:24	28,99	(89)	30:01	5:05	(135)	1:27:38	+26:37	144	[Urkunde]
92.	Ruß, Axel	Herzogenaurach	M50-54	8	18:12	2:26	(134)	0:40:15	29,81	(72)	29:11	4:57	(118)	1:27:38	+26:37	143	[Urkunde]
94.	Tarci, Vladimir	Plauen	M30-34	11	17:05	2:17	(100)	0:40:05	29,94	(67)	30:31	5:10	(143)	1:27:41	+26:40	114	[Urkunde]
95.	Wünsche, Kai E.	Triathlon Team Senftenberg	M40-44	23	19:14	2:34	(186)	0:39:55	30,06	(64)	28:35	4:51	(105)	1:27:44	+26:43	133	[Urkunde]
96.	Engler, Jens	TSCH Langenau	M40-44	24	14:37	1:57	(35)	0:41:59	28,58	(104)	31:20	5:19	(161)	1:27:56	+26:55	029	[Urkunde]
97.	Zeh, Manuel	Herzfabrik Kirche	M35-39	22	17:02	2:16	(93)	0:43:32	27,57	(142)	27:28	4:39	(75)	1:28:02	+27:01	351	[Urkunde]
98.	Schädlich, Matthias	Zwickau	M25-29	12	12:34	1:41	(13)	0:45:39	26,29	(175)	30:00	5:05	(134)	1:28:13	+27:12	126	[Urkunde]
99.	Päßler, Toni	Herzfabrik Kirche	M35-39	23	19:49	2:39	(205)	0:41:48	28,71	(98)	26:40	4:31	(57)	1:28:17	+27:16	106	[Urkunde]
100.	Schröter, Dave	SG Jößnitz	M35-39	24	18:20	2:27	(144)	0:41:39	28,81	(94)	28:21	4:48	(101)	1:28:20	+27:19	327	[Urkunde]
100.	Henneberg, Alexander	Papa's Krieger	M50-54	9	17:42	2:22	(115)	0:43:16	27,73	(129)	27:22	4:38	(70)	1:28:20	+27:19	136	[Urkunde]
102.	Möckel, Rico	Zwickau	M35-39	25	16:26	2:11	(76)	0:41:54	28,64	(99)	30:12	5:07	(138)	1:28:32	+27:31	432	[Urkunde]
103.	Lippmann, Tino	Brand-Erbisdorf	M25-29	13	18:45	2:30	(173)	0:41:37	28,83	(93)	28:11	4:47	(96)	1:28:33	+27:32	347	[Urkunde]
104.	Walther, Fabian	TSV Saalburg e.V.	M40-44	25	14:02	1:52	(29)	0:43:12	27,78	(128)	31:20	5:19	(161)	1:28:34	+27:33	047	[Urkunde]
105.	Härtel, Sascha	SV Grün Weiß Burkhardtgrün	M20-24	6	18:33	2:28	(156)	0:41:39	28,81	(94)	28:38	4:51	(108)	1:28:50	+27:49	392	[Urkunde]
105.	Findeis, Thomas	SG Werda	M55-59	7	19:19	2:35	(187)	0:40:25	29,69	(74)	29:06	4:56	(117)	1:28:50	+27:49	131	[Urkunde]
107.	Kelnar, Petr	Plauen	M35-39	26	19:22	2:35	(190)	0:41:57	28,61	(103)	27:36	4:41	(78)	1:28:55	+27:54	125	[Urkunde]
107.	Fuchs, Heiko	LSV Pirna	M50-54	10	19:36	2:37	(199)	0:41:34	28,87	(91)	27:45	4:42	(82)	1:28:55	+27:54	443	[Urkunde]
109.	Weber, Hendrik	SV Halle Wasserball	mJun	1	12:43	1:42	(15)	0:43:17	27,72	(131)	33:05	5:36	(196)	1:29:05	+28:04	141	[Urkunde]
109.	Grimm, Jens	Boulderhalle Plauen	M50-54	11	17:04	2:17	(96)	0:43:20	27,69	(133)	28:41	4:52	(110)	1:29:05	+28:04	120	[Urkunde]
111.	Rozgongi, Marcel	Sachsenmetall	M45-49	10	15:40	2:05	(53)	0:39:53	30,09	(63)	33:34	5:41	(203)	1:29:07	+28:06	440	[Urkunde]
112.	Armbruster, Sebastian	Xterm Athletic Cross	M25-29	14	15:12	2:02	(42)	0:43:22	27,67	(135)	30:59	5:15	(156)	1:29:33	+28:32	030	[Urkunde]
113.	Scheffler, Jens	Leipzig	M55-59	8	17:52	2:23	(123)	0:42:28	28,26	(113)	29:27	4:59	(126)	1:29:47	+28:46	082	[Urkunde]
114.	Schneider, Marco	SG Jänschwalde	M35-39	27	18:06	2:25	(132)	0:41:14	29,10	(88)	30:38	5:12	(149)	1:29:58	+28:57	451	[Urkunde]
115.	Vogler, Christian	Nürnberg	M30-34	12	17:32	2:20	(112)	0:41:56	28,62	(101)	30:48	5:13	(153)	1:30:16	+29:15	007	[Urkunde]
116.	Mainka, Frank	Jößnitz	M55-59	9	19:01	2:32	(181)	0:40:38	29,53	(77)	30:41	5:12	(150)	1:30:20	+29:19	010	[Urkunde]
117.	Kielmann, Mattheo	Glauchau	mJun	2	16:59	2:16	(89)	0:43:59	27,28	(151)	29:27	4:59	(126)	1:30:25	+29:24	390	[Urkunde]
118.	Türpe, Hendrik	Olbernhau	M40-44	26	17:03	2:16	(95)	0:43:43	27,45	(146)	29:43	5:02	(131)	1:30:29	+29:28	337	[Urkunde]
118.	Fritzsche, Uwe	Saalfelder Schwimmverein	M40-44	26	17:22	2:19	(106)	0:42:35	28,18	(115)	30:32	5:11	(144)	1:30:29	+29:28	057	[Urkunde]
120.	Flehsig, Enrico	Auerbach	M40-44	28	18:44	2:30	(171)	0:41:34	28,87	(91)	30:15	5:08	(140)	1:30:33	+29:32	422	[Urkunde]
121.	Donath, Patrick	ZTO	M30-34	13	18:47	2:30	(174)	0:43:29	27,60	(139)	28:19	4:48	(100)	1:30:35	+29:34	412	[Urkunde]
122.	Brückner, Ringo	TV Dresden	M45-49	11	17:32	2:20	(112)	0:42:24	28,30	(112)	30:46	5:13	(152)	1:30:42	+29:41	344	[Urkunde]
123.	Kölbl, Frank	SC Norweger Annaberg	M60-64	1	18:04	2:25	(131)	0:43:21	27,68	(134)	29:18	4:58	(122)	1:30:43	+29:42	112	[Urkunde]
124.	Pham, Kevin	Dresden	M25-29	15	18:58	2:32	(179)	0:42:56	27,95	(123)	29:04	4:56	(116)	1:30:58	+29:57	380	[Urkunde]
125.	Kielmann, Knut	Glauchau	M45-49	12	17:42	2:22	(115)	0:44:42	26,85	(160)	28:45	4:52	(111)	1:31:09	+30:08	389	[Urkunde]
126.	Ludwig, Florian	Sattlerei Ludwig	M35-39	28	14:35	1:57	(34)	0:46:02	26,07	(182)	30:33	5:11	(145)	1:31:10	+30:09	149	[Urkunde]
127.	Götze, Mike	Athletico Leipzig	M55-59	10	14:45	1:58	(37)	0:44:05	27,22	(153)	32:22	5:29	(182)	1:31:12	+30:11	096	[Urkunde]
128.	Kracht, Oliver	FC Wüstenselbitz	M35-39	29	16:49	2:15	(81)	0:46:23	25,87	(189)	28:03	4:45	(94)	1:31:15	+30:14	418	[Urkunde]
128.	Lindner, Frederic	Leipzig	M40-44	29	18:24	2:27	(146)	0:43:32	27,57	(142)	29:19	4:58	(123)	1:31:15	+30:14	428	[Urkunde]
130.	Schmidt, Falko	Crimmitschau	M35-39	30	21:50	2:55	(238)	0:41:41	28,79	(97)	27:48	4:43	(83)	1:31:19	+30:18	431	[Urkunde]

23. Pöhler Triathlon am 13.08.2023

Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
130.	Stenz, Toralf	Leipzig	M50-54	12	16:14	2:10	(70)	0:42:51	28,00	(121)	32:14	5:28	(181)	1:31:19	+30:18	420	[Urkunde]
132.	Fiolka, Jörg	München	M55-59	11	15:18	2:02	(43)	0:44:12	27,15	(155)	31:56	5:25	(176)	1:31:26	+30:25	123	[Urkunde]
133.	Kunath, Benjamin	Falkenstein	M35-39	31	21:33	2:52	(234)	0:44:40	26,87	(159)	25:27	4:19	(35)	1:31:40	+30:39	139	[Urkunde]
134.	Dietzsch, Thomas	Radsportteam Reichenbach	M50-54	13	15:20	2:03	(44)	0:45:02	26,65	(165)	31:20	5:19	(161)	1:31:42	+30:41	130	[Urkunde]
135.	Fliegl, Maximilian	Triptis	M20-24	7	19:53	2:39	(207)	0:45:23	26,44	(170)	26:29	4:29	(54)	1:31:45	+30:44	377	[Urkunde]
135.	Zwilling, Louis	Triptis	M25-29	16	19:24	2:35	(192)	0:45:33	26,34	(172)	26:48	4:33	(60)	1:31:45	+30:44	385	[Urkunde]
137.	Meichsner, Michael	Droßdorf	M55-59	12	18:10	2:25	(133)	0:42:15	28,40	(109)	31:25	5:19	(167)	1:31:50	+30:49	035	[Urkunde]
138.	Stedte, Kersten Marc	Grüna	M50-54	14	18:41	2:29	(167)	0:43:59	27,28	(151)	29:15	4:57	(119)	1:31:55	+30:54	052	[Urkunde]
139.	Grimm, Niklas	FSV Treuen	mJgdA	2	19:04	2:33	(182)	0:43:29	27,60	(139)	29:24	4:59	(125)	1:31:57	+30:56	025	[Urkunde]
140.	Johannes, Steve	Zeulenroda	M45-49	13	21:56	2:55	(244)	0:39:10	30,64	(47)	30:52	5:14	(155)	1:31:58	+30:57	089	[Urkunde]
141.	Prüfer, Uwe	TDM Franken	M55-59	13	17:55	2:23	(126)	0:42:37	28,16	(117)	31:32	5:21	(170)	1:32:04	+31:03	050	[Urkunde]
142.	Isnardy, Christoph	SG Möschlitz	M30-34	14	17:54	2:23	(125)	0:42:51	28,00	(121)	31:22	5:19	(164)	1:32:07	+31:06	366	[Urkunde]
143.	Mellendorf, Max	Chemnitz	M30-34	15	18:42	2:30	(168)	0:41:54	28,64	(99)	31:35	5:21	(172)	1:32:11	+31:10	107	[Urkunde]
144.	Schmidt, Tony	Riesa	M30-34	16	17:48	2:22	(120)	0:42:57	27,94	(124)	31:28	5:20	(169)	1:32:13	+31:12	034	[Urkunde]
145.	Müller, Daniel	Meerane	M40-44	30	18:51	2:31	(176)	0:48:56	24,52	(222)	24:28	4:09	(16)	1:32:15	+31:14	320	[Urkunde]
146.	Voit, Ronny	SV Burkhardtgrün	M50-54	15	16:04	2:09	(64)	0:45:59	26,10	(181)	30:14	5:07	(139)	1:32:17	+31:16	147	[Urkunde]
147.	Dahmen, Mario	TSV 90 Zwickau	M40-44	31	18:29	2:28	(152)	0:41:30	28,92	(90)	32:26	5:30	(183)	1:32:25	+31:24	064	[Urkunde]
148.	Geidel, Carl	Hartenstein	M40-44	32	17:17	2:18	(104)	0:44:57	26,70	(163)	30:24	5:09	(142)	1:32:38	+31:37	122	[Urkunde]
149.	Röthel, Andre	Zwickau	M45-49	14	17:43	2:22	(117)	0:43:58	27,29	(150)	31:11	5:17	(159)	1:32:52	+31:51	110	[Urkunde]
150.	Wolf, Henry	SG Adelsberg	M40-44	33	19:35	2:37	(198)	0:41:56	28,62	(101)	31:24	5:19	(166)	1:32:55	+31:54	444	[Urkunde]
151.	Dietz, Daniel	EFC Erzgebirgsadler	M35-39	32	21:35	2:53	(235)	0:43:25	27,64	(137)	27:56	4:44	(84)	1:32:56	+31:55	135	[Urkunde]
152.	Suda, Marcel	Rotation Langenbach	M40-44	34	18:03	2:24	(130)	0:46:57	25,56	(194)	28:01	4:45	(92)	1:33:01	+32:00	341	[Urkunde]
153.	Lindner, Marcel	Zwickau	M40-44	35	18:44	2:30	(171)	0:45:23	26,44	(170)	29:17	4:58	(121)	1:33:24	+32:23	376	[Urkunde]
153.	Buchold, Jens	TriSport Zedtlitz	M55-59	14	16:56	2:15	(86)	0:46:46	25,66	(191)	29:42	5:02	(129)	1:33:24	+32:23	395	[Urkunde]
155.	Kunde, Christoph	Erfurt	M25-29	17	18:43	2:30	(169)	0:46:10	25,99	(184)	28:36	4:51	(107)	1:33:29	+32:28	357	[Urkunde]
156.	Schmidt, Thomas	PBR	M35-39	33	00:00	0:00	-	0:00:00	0,00	-	30:41	5:12	(150)	1:33:30	+32:29	121	[Urkunde]
157.	Stoppe, Mario Klaus	Schleiz	M50-54	16	15:56	2:07	(60)	0:45:02	26,65	(165)	32:36	5:32	(186)	1:33:34	+32:33	442	[Urkunde]
158.	Helbig, Thomas	Flekkosmudda	M45-49	15	18:31	2:28	(154)	0:43:35	27,53	(144)	31:33	5:21	(171)	1:33:39	+32:38	045	[Urkunde]
159.	Fischer, Nico	Team Rot	M40-44	36	18:25	2:27	(147)	0:44:13	27,14	(156)	31:03	5:16	(157)	1:33:41	+32:40	033	[Urkunde]
160.	Böttrich, Rainer	Team Gassenlauf	M55-59	15	19:29	2:36	(194)	0:43:38	27,50	(145)	30:36	5:11	(148)	1:33:43	+32:42	070	[Urkunde]
161.	Tröltzsch, Falk	Die Triathnauten	M25-29	18	17:21	2:19	(105)	0:43:49	27,39	(148)	32:37	5:32	(187)	1:33:47	+32:46	086	[Urkunde]
162.	Littmann, Rene	Könighain-Wiederau	M40-44	37	18:17	2:26	(138)	0:45:34	26,34	(173)	30:04	5:06	(136)	1:33:55	+32:54	119	[Urkunde]
163.	Haupt, Heiko	Theuma	M50-54	17	16:07	2:09	(66)	0:46:22	25,88	(188)	31:27	5:20	(168)	1:33:56	+32:55	038	[Urkunde]
164.	Meißner, Lucas	SV Blau Weiß Rebesgrün	mJgdA	3	18:57	2:32	(178)	0:49:35	24,20	(230)	25:28	4:19	(36)	1:34:00	+32:59	437	[Urkunde]
165.	Schuster, Frank	Triteam SV Sachsen 90 Werdau	M60-64	2	18:34	2:29	(157)	0:48:26	24,78	(213)	27:10	4:36	(66)	1:34:10	+33:09	105	[Urkunde]
166.	Kober, Martin	Reichenbach	M25-29	19	21:07	2:49	(226)	0:44:56	26,71	(162)	28:09	4:46	(95)	1:34:12	+33:11	419	[Urkunde]
167.	Beck, Alex	Chemnitz	M45-49	16	17:44	2:22	(119)	0:43:11	27,79	(127)	33:49	5:44	(209)	1:34:44	+33:43	076	[Urkunde]
168.	Tröltzsch, Florian	Die Triathnauten	M30-34	17	16:34	2:13	(79)	0:44:09	27,18	(154)	34:05	5:47	(211)	1:34:48	+33:47	148	[Urkunde]
169.	Pfeil, Frank	TSV 1880 Rüdersdorf	M55-59	16	20:34	2:45	(216)	0:42:35	28,18	(115)	31:42	5:22	(174)	1:34:51	+33:50	429	[Urkunde]

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Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
170.	Gdanielz, Alexander	Grünhainichen	M40-44	38	19:32	2:36	(196)	0:47:41	25,17	(205)	27:42	4:42	(81)	1:34:55	+33:54	446	[Urkunde]
171.	Pohl, Stefan	Chemnitz	M40-44	39	18:17	2:26	(138)	0:47:27	25,29	(202)	29:15	4:57	(119)	1:34:59	+33:58	319	[Urkunde]
172.	Schneider, Dustin	Adorf	mJgdA	4	19:31	2:36	(195)	0:40:59	29,28	(85)	34:45	5:53	(221)	1:35:15	+34:14	367	[Urkunde]
173.	Rottmann, Thomas	Sportfreunde Marienthal	M55-59	17	18:15	2:26	(136)	0:42:42	28,10	(119)	34:26	5:50	(216)	1:35:23	+34:22	067	[Urkunde]
174.	Graumüller, Konrad	TSV 1880 Gera Zwötzen	mJgdA	5	15:34	2:05	(50)	0:45:39	26,29	(175)	34:13	5:48	(214)	1:35:26	+34:25	083	[Urkunde]
175.	Wunderlich, Erik	Rosenbach	M45-49	17	19:10	2:33	(185)	0:43:25	27,64	(137)	33:04	5:36	(194)	1:35:39	+34:38	349	[Urkunde]
176.	Weiß, Thomas	SG Möschlitz	M45-49	18	21:54	2:55	(241)	0:43:18	27,71	(132)	30:35	5:11	(146)	1:35:47	+34:46	356	[Urkunde]
177.	Hiersemann, Martin	STV Limbach-Oberfrohna	M40-44	40	18:35	2:29	(158)	0:42:29	28,25	(114)	34:53	5:55	(223)	1:35:57	+34:56	388	[Urkunde]
178.	Sattler, Moritz	MTB Reichenbach	M25-29	20	18:26	2:27	(148)	0:45:04	26,63	(167)	32:38	5:32	(188)	1:36:08	+35:07	359	[Urkunde]
179.	Kühn, Michael	SVV Plauen	M50-54	18	13:57	1:52	(27)	0:49:35	24,20	(230)	32:44	5:33	(189)	1:36:16	+35:15	017	[Urkunde]
180.	Gruner, Norbert	Plauen	M40-44	41	15:33	2:04	(48)	0:46:58	25,55	(196)	33:48	5:44	(208)	1:36:19	+35:18	051	[Urkunde]
181.	Wermke, Rene	Grüna	M40-44	42	19:26	2:35	(193)	0:46:18	25,92	(187)	30:48	5:13	(153)	1:36:32	+35:31	301	[Urkunde]
182.	Schreiter, Marcus	Fockendorf	M40-44	43	18:40	2:29	(166)	0:45:52	26,16	(179)	32:06	5:26	(179)	1:36:38	+35:37	396	[Urkunde]
183.	Klug, Kajo	Treuener LV	mJun	3	21:13	2:50	(229)	0:46:36	25,75	(190)	28:52	4:54	(114)	1:36:41	+35:40	423	[Urkunde]
184.	Kadatz, Marko	Plauen	M50-54	19	22:23	2:59	(249)	0:48:42	24,64	(218)	25:53	4:23	(46)	1:36:58	+35:57	401	[Urkunde]
185.	Rath, Thomas	Herzfabrik Kirche	M55-59	18	20:17	2:42	(213)	0:48:44	24,62	(219)	27:59	4:45	(88)	1:37:00	+35:59	384	[Urkunde]
186.	Grüner, Stefan	VSV Fortuna Göltzschtal	M30-34	18	21:09	2:49	(227)	0:43:07	27,83	(126)	32:57	5:35	(191)	1:37:13	+36:12	332	[Urkunde]
187.	Zeh, Markus	Rebesgrün	M45-49	19	24:33	3:16	(260)	0:44:16	27,11	(157)	28:30	4:50	(103)	1:37:19	+36:18	042	[Urkunde]
188.	Nußgräber, Dieter	ASV Triathlon Kulmbach	M70-74	1	18:37	2:29	(161)	0:45:38	26,30	(174)	33:12	5:38	(198)	1:37:27	+36:26	085	[Urkunde]
189.	David, Frank	Irfersgrün	M55-59	19	20:55	2:47	(223)	0:43:06	27,84	(125)	33:30	5:41	(199)	1:37:31	+36:30	433	[Urkunde]
190.	Hölzel, Rico	Rodewisch	M40-44	44	21:17	2:50	(231)	0:47:47	25,11	(208)	28:48	4:53	(113)	1:37:52	+36:51	331	[Urkunde]
191.	Kölbel, Tom	Auerbach	M30-34	19	18:37	2:29	(161)	0:47:07	25,47	(199)	32:26	5:30	(183)	1:38:10	+37:09	399	[Urkunde]
192.	Fest, Carsten	Lauter-Bernsbach	M45-49	20	20:37	2:45	(219)	0:46:14	25,96	(186)	31:22	5:19	(164)	1:38:13	+37:12	417	[Urkunde]
193.	Seegers, Uwe	Triathlon Gera	M70-74	2	15:55	2:07	(59)	0:47:18	25,37	(201)	35:02	5:56	(226)	1:38:15	+37:14	004	[Urkunde]
194.	Heidrich, Bastian	Lichtenau	M20-24	8	18:36	2:29	(159)	0:45:44	26,24	(177)	34:05	5:47	(211)	1:38:25	+37:24	405	[Urkunde]
195.	Haase, Julian Edgar	Erfurt	M20-24	9	20:35	2:45	(217)	0:45:14	26,53	(169)	32:52	5:34	(190)	1:38:41	+37:40	340	[Urkunde]
196.	Ellinger, Christoph	Beachbasketballer Plauen	M40-44	45	21:54	2:55	(241)	0:46:52	25,60	(193)	30:04	5:06	(136)	1:38:50	+37:49	434	[Urkunde]
197.	Donat, Jens	Erfurt	M45-49	21	18:27	2:28	(150)	0:47:03	25,50	(198)	33:31	5:41	(201)	1:39:01	+38:00	413	[Urkunde]
198.	Laufer, Thomas	Team Icehouse	M55-59	20	19:34	2:37	(197)	0:47:39	25,18	(204)	31:54	5:24	(175)	1:39:07	+38:06	065	[Urkunde]
199.	Lorenz, Chris	Plauen	M30-34	20	18:59	2:32	(180)	0:47:43	25,15	(207)	32:28	5:30	(185)	1:39:10	+38:09	075	[Urkunde]
200.	Heller, Sebastian	Zwota	M40-44	46	20:05	2:41	(211)	0:47:15	25,40	(200)	32:01	5:26	(178)	1:39:21	+38:20	304	[Urkunde]
201.	Kalinowski, Bernd	Laufclub Rudolstadt	M45-49	22	23:26	3:07	(257)	0:48:30	24,74	(214)	27:26	4:39	(72)	1:39:22	+38:21	400	[Urkunde]
202.	Leipold, Alexander	Naturfreunde Plauen	M45-49	23	21:55	2:55	(243)	0:46:11	25,98	(185)	31:18	5:18	(160)	1:39:24	+38:23	117	[Urkunde]
203.	Weber, Thomas	Kobra Formen	M40-44	47	18:15	2:26	(136)	0:47:37	25,20	(203)	33:35	5:42	(204)	1:39:27	+38:26	449	[Urkunde]
204.	Berthold, Malte	USV Halle	M35-39	34	17:16	2:18	(102)	0:49:12	24,39	(227)	33:10	5:37	(197)	1:39:38	+38:37	150	[Urkunde]
205.	Müller, Ralph	Gealan TriTeam IFl Hof	M45-49	24	17:39	2:21	(114)	0:47:00	25,53	(197)	35:05	5:57	(227)	1:39:44	+38:43	425	[Urkunde]
206.	Wittig, Sven	Langenwetzendorf	M50-54	20	20:01	2:40	(210)	0:46:06	26,03	(183)	34:09	5:47	(213)	1:40:16	+39:15	439	[Urkunde]
207.	Eißner, Steffen	Chemnitz	M60-64	3	18:38	2:29	(163)	0:47:54	25,05	(211)	33:49	5:44	(209)	1:40:21	+39:20	084	[Urkunde]
208.	Hocke, Jörg	KSV Pausa	M50-54	21	18:32	2:28	(155)	0:49:12	24,39	(227)	33:00	5:36	(193)	1:40:44	+39:43	358	[Urkunde]

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Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
209.	Hermann, Christian	Plauen	M40-44	48	18:30	2:28	(153)	0:48:48	24,59	(220)	33:31	5:41	(201)	1:40:49	+39:48	323	[Urkunde]
210.	Seltmann, Jörg	SV Grün Weiß Burkhardtgrün	M50-54	22	22:37	3:01	(250)	0:43:50	27,38	(149)	34:39	5:52	(219)	1:41:06	+40:05	394	[Urkunde]
211.	Kreisig, Jakob	Plauen	M30-34	21	18:38	2:29	(163)	0:49:01	24,48	(224)	33:36	5:42	(205)	1:41:15	+40:14	321	[Urkunde]
212.	Marscheider, Philipp	Plauen	M35-39	35	21:51	2:55	(239)	0:43:48	27,40	(147)	35:40	6:03	(232)	1:41:19	+40:18	313	[Urkunde]
213.	Brand, Marco	OKV	M45-49	25	22:04	2:57	(247)	0:44:51	26,76	(161)	34:29	5:51	(217)	1:41:24	+40:23	421	[Urkunde]
214.	Neumann, Dominik	Plauen	M40-44	49	19:21	2:35	(189)	0:49:03	24,46	(225)	33:04	5:36	(194)	1:41:28	+40:27	308	[Urkunde]
215.	Bräutigam, Lars	Mechelgrün	M35-39	36	22:16	2:58	(248)	0:49:16	24,36	(229)	30:22	5:09	(141)	1:41:54	+40:53	345	[Urkunde]
216.	Lärz, Lucas	Triptis	M25-29	21	23:41	3:09	(258)	0:47:59	25,01	(212)	30:35	5:11	(146)	1:42:15	+41:14	379	[Urkunde]
217.	Schäfer, Rene	Bulleritz	M30-34	22	20:51	2:47	(222)	0:44:32	26,95	(158)	37:05	6:17	(238)	1:42:28	+41:27	424	[Urkunde]
218.	Göpfarth, Rocco	TC Mia	M55-59	21	17:49	2:23	(121)	0:45:50	26,18	(178)	38:52	6:35	(247)	1:42:31	+41:30	364	[Urkunde]
219.	Wagner, Manuel	Fraureuth	M30-34	23	17:22	2:19	(106)	0:50:49	23,61	(237)	35:01	5:56	(225)	1:43:12	+42:11	373	[Urkunde]
220.	Voigtmann, Jan	Plauen	M25-29	22	19:49	2:39	(205)	0:51:39	23,23	(243)	32:10	5:27	(180)	1:43:38	+42:37	409	[Urkunde]
221.	Ludwig, Frank	TV 1848 Erlangen	M65-69	1	19:43	2:38	(202)	0:45:00	26,67	(164)	39:31	6:42	(250)	1:44:14	+43:13	408	[Urkunde]
222.	Pohl, Rainer	Plauen	M35-39	37	21:43	2:54	(237)	0:45:07	26,60	(168)	37:36	6:22	(240)	1:44:26	+43:25	333	[Urkunde]
223.	Lori, Denis	Dresden	M50-54	23	23:00	3:04	(254)	0:46:51	25,61	(192)	34:42	5:53	(220)	1:44:33	+43:32	338	[Urkunde]
224.	Matthies, Karl	Plauen	M25-29	23	18:17	2:26	(138)	0:45:58	26,11	(180)	40:22	6:51	(255)	1:44:37	+43:36	343	[Urkunde]
225.	Reuther, Philipp	Chemnitz	M25-29	24	18:22	2:27	(145)	0:47:41	25,17	(205)	38:39	6:33	(244)	1:44:42	+43:41	036	[Urkunde]
225.	Götz, Uwe	Zwickau	M55-59	22	21:01	2:48	(225)	0:48:56	24,52	(222)	34:45	5:53	(221)	1:44:42	+43:41	129	[Urkunde]
227.	Pohl, Eduard	Zwickau	M70-74	3	17:10	2:17	(101)	0:50:26	23,79	(235)	37:16	6:19	(239)	1:44:52	+43:51	006	[Urkunde]
228.	Orlob, Paul	Dresden	M25-29	25	23:24	3:07	(256)	0:46:57	25,56	(194)	34:38	5:52	(218)	1:44:59	+43:58	391	[Urkunde]
229.	Hubo, Bernd	SV 04 Oberlosa	M55-59	23	17:53	2:23	(124)	0:52:24	22,90	(247)	34:53	5:55	(223)	1:45:10	+44:09	362	[Urkunde]
230.	Zobel, Gerd	TC Treuen	M55-59	24	21:15	2:50	(230)	0:47:53	25,06	(210)	36:25	6:10	(233)	1:45:33	+44:32	441	[Urkunde]
231.	Wagner, Robby	SV Zwickau 04	M60-64	4	20:36	2:45	(218)	0:48:35	24,70	(216)	36:39	6:13	(237)	1:45:50	+44:49	403	[Urkunde]
231.	Lyda, Peter	Naturfreunde Kirchenlamitz	M65-69	2	22:00	2:56	(245)	0:50:10	23,92	(234)	33:40	5:42	(207)	1:45:50	+44:49	068	[Urkunde]
233.	Ketscher, Wolfgang	Triathlon Jena e.V.	M70-74	4	16:44	2:14	(80)	0:49:52	24,06	(232)	39:23	6:41	(249)	1:45:59	+44:58	328	[Urkunde]
234.	Wünsch, Uwe	Der unorganisierte Haufen	M55-59	25	19:39	2:37	(201)	0:50:08	23,94	(233)	36:33	6:12	(234)	1:46:20	+45:19	318	[Urkunde]
235.	Ebenhöch, Frank	Triathlonteam Aue/Mechelgrün	M50-54	24	25:40	3:25	(262)	0:47:51	25,08	(209)	33:30	5:41	(199)	1:47:01	+46:00	013	[Urkunde]
236.	Jankowski, Lutz	Plauen	M55-59	26	22:03	2:56	(246)	0:51:07	23,48	(241)	34:20	5:49	(215)	1:47:30	+46:29	071	[Urkunde]
237.	Strebelow, Francis	Treuen	M20-24	10	18:19	2:27	(142)	0:56:28	21,25	(260)	32:59	5:35	(192)	1:47:46	+46:45	315	[Urkunde]
238.	Gößl, Christian	Plauen	M35-39	38	17:00	2:16	(91)	0:55:49	21,50	(258)	35:26	6:00	(230)	1:48:15	+47:14	326	[Urkunde]
239.	Gerstenberger, Eyrik	WBS-Schulen Plauen	M20-24	11	25:47	3:26	(263)	0:49:11	24,40	(226)	33:38	5:42	(206)	1:48:36	+47:35	383	[Urkunde]
240.	Wolf, Hans	EGZ Triathlon Görlitz	M65-69	3	21:12	2:50	(228)	0:51:02	23,51	(240)	36:34	6:12	(235)	1:48:48	+47:47	411	[Urkunde]
241.	Maier, Jörg	Thum	M55-59	27	23:04	3:05	(255)	0:56:34	21,21	(261)	29:23	4:59	(124)	1:49:01	+48:00	381	[Urkunde]
242.	Jaensch, Andre	Netzschkau	M45-49	26	18:26	2:27	(148)	0:48:30	24,74	(214)	42:21	7:11	(261)	1:49:17	+48:16	021	[Urkunde]
243.	Wetzig, Lutz	Weida	M55-59	28	18:50	2:31	(175)	0:52:32	22,84	(248)	37:58	6:26	(241)	1:49:20	+48:19	314	[Urkunde]
244.	Lützel, Martin	Vogtländischer Jagdverein Plauen	M40-44	50	25:16	3:22	(261)	0:48:48	24,59	(220)	35:23	6:00	(229)	1:49:27	+48:26	427	[Urkunde]
245.	Weichert, Rocky	Freital	M30-34	24	22:44	3:02	(252)	0:50:27	23,79	(236)	36:36	6:12	(236)	1:49:47	+48:46	066	[Urkunde]
246.	Mlynek, Markus	IfL Hof	M50-54	25	22:39	3:01	(251)	0:52:21	22,92	(246)	35:05	5:57	(227)	1:50:05	+49:04	397	[Urkunde]
247.	Richter, Uwe	Thum	M55-59	29	26:19	3:31	(264)	0:48:41	24,65	(217)	35:29	6:01	(231)	1:50:29	+49:28	402	[Urkunde]

23. Pöhler Triathlon am 13.08.2023

Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
248.	Heiner, Peter	TC Mia	M60-64	5	20:07	2:41	(212)	0:52:19	22,94	(245)	38:41	6:33	(245)	1:51:07	+50:06	363	[Urkunde]
249.	Vogel, Dirk	Weischlitz	M50-54	26	19:47	2:38	(203)	0:51:37	23,25	(242)	40:10	6:48	(252)	1:51:34	+50:33	365	[Urkunde]
250.	Ulbricht, Ansgar	Leipzig	M60-64	6	21:27	2:52	(232)	0:51:01	23,52	(239)	39:46	6:44	(251)	1:52:14	+51:13	436	[Urkunde]
251.	Zschögner, Klaus	HKV Noßwitz	M65-69	4	21:52	2:55	(240)	0:52:39	22,79	(250)	38:02	6:27	(242)	1:52:33	+51:32	361	[Urkunde]
252.	Wolf, Andreas	SV Rot Weiß Treuen	M50-54	27	19:36	2:37	(199)	0:53:49	22,30	(253)	39:12	6:39	(248)	1:52:37	+51:36	447	[Urkunde]
253.	Berghänel, Christian	Schwimmclub Chemnitz	M65-69	5	20:47	2:46	(221)	0:51:53	23,13	(244)	40:12	6:49	(253)	1:52:52	+51:51	355	[Urkunde]
254.	Rudolph, Matthias	Chemnitz	M55-59	30	20:23	2:43	(214)	0:50:53	23,58	(238)	42:02	7:07	(260)	1:53:18	+52:17	305	[Urkunde]
255.	Turban, Michel	Reichenbach	mJgdA	6	21:29	2:52	(233)	0:53:04	22,61	(251)	40:13	6:49	(254)	1:54:46	+53:45	372	[Urkunde]
256.	Wazlawik, Thomas	Plauen	M55-59	31	19:19	2:35	(187)	0:56:38	21,19	(262)	40:28	6:52	(256)	1:56:25	+55:24	311	[Urkunde]
257.	Schmidt, Falk	Wasserwacht Plauen	M55-59	32	18:18	2:26	(141)	0:52:32	22,84	(248)	47:00	7:58	(266)	1:57:50	+56:49	145	[Urkunde]
258.	Mandel, Marcel	Freiberg	M40-44	51	19:53	2:39	(207)	0:57:15	20,96	(264)	40:45	6:54	(257)	1:57:53	+56:52	382	[Urkunde]
259.	Schöpplein, Erik	Plauen	M40-44	52	19:57	2:40	(209)	0:54:08	22,17	(254)	43:54	7:26	(263)	1:57:59	+56:58	302	[Urkunde]
260.	Müller, Gerhard	TDM Franken	M75-100	1	20:55	2:47	(223)	0:56:51	21,11	(263)	40:47	6:55	(258)	1:58:33	+57:32	398	[Urkunde]
261.	Scharek, Andreas	Reichenbach	M60-64	7	27:26	3:39	(267)	0:54:11	22,15	(255)	38:04	6:27	(243)	1:59:41	+58:40	448	[Urkunde]
262.	Körbs, Dirk	Nossen	M55-59	33	27:22	3:39	(266)	0:53:43	22,34	(252)	38:43	6:34	(246)	1:59:48	+58:47	330	[Urkunde]
263.	Richter, Nicolas	Leipzig	M25-29	26	21:39	2:53	(236)	0:56:02	21,42	(259)	44:32	7:33	(264)	2:02:13	+61:12	438	[Urkunde]
264.	Fritsch, Clemens	Bad Elster	M40-44	53	17:02	2:16	(93)	1:00:40	19,78	(267)	44:32	7:33	(264)	2:02:14	+61:13	387	[Urkunde]
265.	Müller, Werner	LATV Plauen	M70-74	5	23:56	3:11	(259)	0:57:55	20,72	(266)	41:33	7:03	(259)	2:03:24	+62:23	415	[Urkunde]
266.	Rau, Matthias	Groß Gerau	M40-44	54	22:45	3:02	(253)	0:54:44	21,92	(256)	47:28	8:03	(267)	2:04:57	+63:56	053	[Urkunde]
267.	Brumme, Thomas	Freiberg	M40-44	55	32:31	4:20	(268)	0:55:08	21,77	(257)	42:53	7:16	(262)	2:10:32	+69:31	369	[Urkunde]
268.	Gollub, Michael	Plauen	M45-49	27	26:39	3:33	(265)	1:01:13	19,60	(268)	48:20	8:12	(268)	2:16:12	+75:11	335	[Urkunde]
DNF	Feder, Hartmut	SC Riesa	M60-64		20:37	2:45	(219)	0:57:15	20,96	(264)	00:00	0:00	-	DNF		044	[Urkunde]