

## Einlaufliste Einzelwettbewerb (750m - 20km - 5,9km)

Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Stnr.	Download
1.	Dressel-Putz, Philipp	SC Plauen 06	M25-29	1	10:19	1:23	(1)	0:31:22	38,26	(1)	19:20	3:17	(1)	1:01:01		001	[Urkunde]
2.	Schönberger, Paul	Gealan TriTeam IFl Hof	M20-24	1	12:02	1:36	(3)	0:36:19	33,04	(17)	21:38	3:40	(5)	1:09:59	+8:58	016	[Urkunde]
3.	Ottiger, Marcel	TSV Saalburg e.V.	M25-29	2	16:19	2:11	(87)	0:33:13	36,13	(2)	20:55	3:33	(2)	1:10:27	+9:26	059	[Urkunde]
4.	Puchta, Florian	lfl Hof	M25-29	3	12:02	1:36	(3)	0:35:31	33,79	(8)	23:06	3:55	(10)	1:10:39	+9:38	426	[Urkunde]
5.	Kuhne, Robert	Triathlonverein Dresden	M25-29	4	14:19	1:55	(34)	0:33:53	35,42	(3)	22:32	3:49	(7)	1:10:44	+9:43	020	[Urkunde]
6.	Lenk, Marcus	TuS Ahnsen	M40-44	1	13:31	1:48	(24)	0:35:44	33,58	(11)	21:36	3:40	(4)	1:10:51	+9:50	003	[Urkunde]
7.	Schneider, Dirk	SC Plauen 06	M35-39	1	12:04	1:37	(5)	0:35:52	33,46	(13)	22:57	3:53	(9)	1:10:53	+9:52	115	[Urkunde]
8.	Hahn, Philippe	SG Adelsberg	M30-34	1	13:28	1:48	(22)	0:35:43	33,60	(10)	22:43	3:51	(8)	1:11:54	+10:53	146	[Urkunde]
8.	Fritze, Benjamin	Zwickau	M35-39	2	12:24	1:39	(10)	0:35:35	33,72	(9)	23:55	4:03	(14)	1:11:54	+10:53	100	[Urkunde]
10.	Anwand, Tino	Traktor Albernau	M40-44	2	16:30	2:12	(92)	0:35:04	34,22	(6)	21:32	3:39	(3)	1:13:06	+12:05	018	[Urkunde]
11.	Zanner, Beate	Triathlon Gera / ILB-GRÄKJ/ER	W40-44	1	14:54	1:59	(46)	0:34:26	34,85	(4)	24:20	4:07	(16)	1:13:40	+12:39	245	[Urkunde]
12.	Maul, Andreas	Zweirad-HAUS Zwickau/FangDasGnu	M40-44	3	12:13	1:38	(8)	0:35:50	33,49	(12)	25:44	4:22	(48)	1:13:47	+12:46	099	[Urkunde]
13.	Plarre, Matthias	SSV Gera	M30-34	2	17:01	2:16	(109)	0:34:41	34,60	(5)	22:13	3:46	(6)	1:13:55	+12:54	348	[Urkunde]
14.	Boese, Stefan	Gealan TriTeam IFl Hof	M45-49	1	13:27	1:48	(21)	0:36:12	33,15	(16)	24:32	4:09	(21)	1:14:11	+13:10	074	[Urkunde]
15.	Liebold, Jarne	TRIAMALT Triathlon Team /HSV Weimar	mJgdA	1	12:19	1:39	(9)	0:36:57	32,48	(26)	24:58	4:14	(32)	1:14:14	+13:13	022	[Urkunde]
16.	Ganzon, Martin	SV Zwickau 04	M40-44	4	12:24	1:39	(10)	0:36:09	33,20	(15)	26:37	4:31	(66)	1:15:10	+14:09	015	[Urkunde]
17.	Mende, Stephan	Triathlon Team Vogtland	M40-44	5	15:40	2:05	(62)	0:35:07	34,17	(7)	24:42	4:11	(25)	1:15:29	+14:28	080	[Urkunde]
18.	Michael, Christopher	MaTriDu-Gefrees	M35-39	3	12:49	1:43	(17)	0:38:01	31,57	(39)	24:40	4:11	(24)	1:15:30	+14:29	069	[Urkunde]
19.	Richter, Jana	Gealan TriTeam IFl Hof / LATV Plauen	W45-49	1	13:30	1:48	(23)	0:37:36	31,91	(33)	24:57	4:14	(30)	1:16:03	+15:02	274	[Urkunde]
20.	Birke, Christian	DJK Teutonia Gaustadt / Team Zoot	M35-39	4	13:12	1:46	(19)	0:37:35	31,93	(32)	25:23	4:18	(38)	1:16:10	+15:09	407	[Urkunde]
21.	Ziegeler, Dirk	SC DHfK	M40-44	6	13:59	1:52	(30)	0:37:26	32,06	(31)	24:49	4:12	(28)	1:16:14	+15:13	090	[Urkunde]
22.	Folde, Sascha	Rehazenrum ADMEDIA Plauen GmbH	M35-39	5	11:50	1:35	(2)	0:39:18	30,53	(51)	25:08	4:16	(33)	1:16:16	+15:15	350	[Urkunde]
23.	Hopfmann, Franz	Sport Hopfmann / SG Falkenstein	M40-44	7	12:12	1:38	(7)	0:36:45	32,65	(23)	27:24	4:39	(81)	1:16:21	+15:20	002	[Urkunde]
24.	Schrader, Sebastian	Lengenfeld	M35-39	6	16:16	2:10	(85)	0:37:25	32,07	(30)	23:06	3:55	(10)	1:16:47	+15:46	058	[Urkunde]
25.	Schicker, Tim	SV Burkhardtgrün	M30-34	3	14:09	1:53	(33)	0:38:23	31,26	(41)	24:32	4:09	(21)	1:17:04	+16:03	118	[Urkunde]
26.	Broßmann, Patrick	Kolba	M45-49	2	16:00	2:08	(72)	0:36:23	32,98	(18)	24:45	4:12	(26)	1:17:08	+16:07	103	[Urkunde]
27.	Geleschus, Eric	Grimma	M40-44	8	12:11	1:37	(6)	0:38:39	31,05	(44)	26:20	4:28	(58)	1:17:10	+16:09	063	[Urkunde]
28.	Müller, Jiri	STV Limbach-Oberfrohna	M55-59	1	12:36	1:41	(14)	0:38:23	31,26	(41)	26:14	4:27	(54)	1:17:13	+16:12	048	[Urkunde]
29.	Reise, Markus	Jena	M35-39	7	15:07	2:01	(48)	0:37:13	32,24	(29)	25:36	4:20	(46)	1:17:56	+16:55	081	[Urkunde]
30.	Luft, Michael	Gealan TriTeam IFl Hof	M35-39	8	15:42	2:06	(64)	0:36:31	32,86	(19)	25:46	4:22	(50)	1:17:59	+16:58	097	[Urkunde]
31.	Bausch, Rene	Sportgruppe Bienenleiß	M40-44	9	14:53	1:59	(45)	0:37:45	31,79	(36)	25:33	4:20	(45)	1:18:11	+17:10	073	[Urkunde]
32.	Orlamünder, Eckhard	TSV Saalburg e.V.	M50-54	1	13:24	1:47	(20)	0:38:45	30,97	(46)	26:14	4:27	(54)	1:18:23	+17:22	046	[Urkunde]
33.	Voigt, Thomas	TriTeam Glauchau	M55-59	2	17:16	2:18	(120)	0:36:32	32,85	(20)	24:45	4:12	(26)	1:18:33	+17:32	040	[Urkunde]
34.	Rudolf, Pierre	Crinitzberg	M35-39	9	14:51	1:59	(44)	0:39:37	30,29	(59)	24:07	4:05	(15)	1:18:35	+17:34	027	[Urkunde]
35.	Koch, David	ATS Kulmbach	M25-29	5	15:22	2:03	(54)	0:36:06	33,24	(14)	27:15	4:37	(78)	1:18:43	+17:42	061	[Urkunde]

## 23. Pöhler Triathlon am 13.08.2023

Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
36.	Lauterbach, Amy	TRISStars Markkleeberg	W25-29	1	13:10	1:45	(18)	0:40:09	29,89	(74)	25:27	4:19	(40)	1:18:46	+17:45	243	[Urkunde]
37.	Günther, Marcus	SV Burkhardtgrün	M40-44	10	14:38	1:57	(39)	0:37:51	31,70	(37)	26:26	4:29	(61)	1:18:55	+17:54	087	[Urkunde]
38.	Weber, Thomas	Triathlonfuchse Osterburg	M45-49	3	16:56	2:15	(102)	0:36:45	32,65	(23)	25:44	4:22	(48)	1:19:25	+18:24	140	[Urkunde]
39.	Simon, Falk	Turner können alles	M40-44	11	17:04	2:17	(113)	0:36:33	32,83	(21)	25:52	4:23	(51)	1:19:29	+18:28	368	[Urkunde]
40.	Zelt, Stefanie	SG Adelsberg	W30-34	1	15:11	2:01	(49)	0:39:06	30,69	(49)	25:18	4:17	(36)	1:19:35	+18:34	256	[Urkunde]
41.	Görigk, Simon	Wurstschnitzel Racing Team	M25-29	6	17:43	2:22	(138)	0:36:38	32,76	(22)	25:30	4:19	(43)	1:19:51	+18:50	339	[Urkunde]
42.	Kunz, Rene	Weißenfels	M40-44	12	15:05	2:01	(47)	0:40:24	29,70	(78)	24:31	4:09	(19)	1:20:00	+18:59	430	[Urkunde]
43.	Oertel, Cornelius	SV Großwaltersdorf	M35-39	10	15:22	2:03	(54)	0:37:09	32,30	(28)	27:41	4:42	(90)	1:20:12	+19:11	137	[Urkunde]
44.	Richter, Tom	Ausdauerfreunde Knauthain	M35-39	11	16:50	2:15	(97)	0:38:05	31,51	(40)	25:31	4:19	(44)	1:20:26	+19:25	406	[Urkunde]
45.	Stephani, Patrick	Leipzig	M35-39	12	16:54	2:15	(101)	0:37:36	31,91	(33)	26:20	4:28	(58)	1:20:50	+19:49	374	[Urkunde]
46.	Liebold, Ingolf	HSV Weimar Triathlon	M50-54	2	12:47	1:42	(16)	0:40:51	29,38	(85)	27:32	4:40	(87)	1:21:10	+20:09	019	[Urkunde]
47.	Graumüller, Ralf	TSV 1880 Gera Zwätzen	M50-54	3	16:16	2:10	(85)	0:39:46	30,18	(65)	25:13	4:16	(35)	1:21:15	+20:14	072	[Urkunde]
48.	Heß, Rebekka	Auerbach	W25-29	2	15:23	2:03	(56)	0:39:40	30,25	(61)	26:21	4:28	(60)	1:21:24	+20:23	255	[Urkunde]
49.	Zorn, Henry	Papa´s Krieger	M45-49	4	17:04	2:17	(113)	0:39:02	30,74	(48)	25:22	4:18	(37)	1:21:28	+20:27	134	[Urkunde]
50.	Jentzsch, Celia		W20-24	1	14:06	1:53	(32)	0:43:03	27,87	(139)	24:21	4:08	(17)	1:21:30	+20:29	247	[Urkunde]
51.	Fankhänel, Michael	Post SV Plauen Boxen	M40-44	13	13:46	1:50	(27)	0:41:40	28,80	(102)	26:18	4:27	(57)	1:21:44	+20:43	077	[Urkunde]
52.	Fischer, Ralf	LATV Plauen	M55-59	3	15:33	2:04	(57)	0:39:25	30,44	(53)	26:59	4:34	(75)	1:21:57	+20:56	014	[Urkunde]
53.	Pflugbeil, Kurt	TSV Einheit Süd Chemnitz	M30-34	4	13:36	1:49	(25)	0:42:09	28,47	(117)	26:49	4:33	(72)	1:22:34	+21:33	375	[Urkunde]
54.	Reichel, Tom	Matzing	M25-29	7	19:08	2:33	(214)	0:36:54	32,52	(25)	26:35	4:30	(65)	1:22:37	+21:36	031	[Urkunde]
55.	von der Grün, David	#TEAMVDG	M30-34	5	16:59	2:16	(105)	0:37:40	31,86	(35)	27:59	4:45	(98)	1:22:38	+21:37	109	[Urkunde]
56.	Bernd, Peter	Ismaning	M40-44	14	15:54	2:07	(67)	0:41:59	28,58	(112)	24:57	4:14	(30)	1:22:50	+21:49	124	[Urkunde]
57.	Böttger, David	Herzfabrik Kirche	M35-39	13	17:22	2:19	(126)	0:38:41	31,02	(45)	26:48	4:33	(70)	1:22:51	+21:50	116	[Urkunde]
58.	Steinmetzger, Nico	Gera	M35-39	14	13:42	1:50	(26)	0:39:34	30,33	(56)	29:42	5:02	(149)	1:22:58	+21:57	043	[Urkunde]
59.	Eberhardt, Franziska	Lauf-KulTour	W25-29	3	14:43	1:58	(41)	0:42:04	28,53	(114)	26:16	4:27	(56)	1:23:03	+22:02	261	[Urkunde]
60.	Seifert, Steffen	SV Zwickau 04	M55-59	4	16:14	2:10	(81)	0:40:09	29,89	(74)	26:49	4:33	(72)	1:23:12	+22:11	062	[Urkunde]
61.	Jünger, Carsten	Triathlon Chemnitz	M40-44	15	15:21	2:03	(53)	0:40:58	29,29	(90)	26:56	4:34	(74)	1:23:15	+22:14	056	[Urkunde]
62.	Wetzstein, Erik	SVV Plauen	M25-29	8	12:29	1:40	(12)	0:43:16	27,73	(144)	27:31	4:40	(86)	1:23:16	+22:15	142	[Urkunde]
63.	Näser, Benjamin	Dresden	M30-34	6	18:43	2:30	(198)	0:37:59	31,59	(38)	26:46	4:32	(68)	1:23:28	+22:27	309	[Urkunde]
64.	Pätz, Markus	Treuener LV	M40-44	16	20:25	2:43	(255)	0:38:34	31,11	(43)	24:35	4:10	(23)	1:23:34	+22:33	098	[Urkunde]
65.	Herold, Tim	ADMEDIA Reha GmbH Chemnitz	M35-39	15	17:31	2:20	(131)	0:42:38	28,15	(130)	23:32	3:59	(12)	1:23:41	+22:40	102	[Urkunde]
66.	Varga, Adam	Dresden	M25-29	9	13:50	1:51	(28)	0:42:15	28,40	(119)	27:38	4:41	(89)	1:23:43	+22:42	410	[Urkunde]
67.	Lorenz, Konstantin	Herzfabrik Kirche	M30-34	7	18:19	2:27	(168)	0:39:34	30,33	(56)	26:00	4:24	(53)	1:23:53	+22:52	370	[Urkunde]
68.	Samolewicz, Alex	Rodewisch	M25-29	10	18:39	2:29	(193)	0:39:38	30,28	(60)	25:43	4:22	(47)	1:24:00	+22:59	312	[Urkunde]
69.	Hantusch, Martin	Skisportverein Auerbach	M35-39	16	16:01	2:08	(73)	0:40:07	29,91	(72)	27:58	4:44	(97)	1:24:06	+23:05	450	[Urkunde]
70.	Vogel, Felix	TriTeam UniBw München	M25-29	11	15:52	2:07	(66)	0:41:06	29,20	(93)	27:10	4:36	(76)	1:24:08	+23:07	078	[Urkunde]
71.	Elßner, Michael	Chemnitz	M35-39	17	15:34	2:05	(59)	0:40:36	29,56	(81)	28:18	4:48	(112)	1:24:28	+23:27	127	[Urkunde]
72.	Möckel, Tino	Halberhai e.V. Nürnberg	M45-49	5	16:05	2:09	(75)	0:39:51	30,11	(66)	28:38	4:51	(124)	1:24:34	+23:33	032	[Urkunde]
73.	Tödtmann, Anton	SG Jöbnitz	M20-24	2	17:58	2:24	(150)	0:42:06	28,50	(116)	24:31	4:09	(19)	1:24:35	+23:34	324	[Urkunde]
74.	Schikora, Colin	SV Wismut Seelingstädt / Erdinger Active Team	M20-24	3	17:04	2:17	(113)	0:39:35	30,32	(58)	27:59	4:45	(98)	1:24:38	+23:37	060	[Urkunde]

Zeitnahme und Auswertung:

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## 23. Pöhler Triathlon am 13.08.2023

Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
75.	Rohland, Dirk	Rötha	M45-49	6	15:37	2:05	(61)	0:39:29	30,39	(54)	29:34	5:01	(147)	1:24:40	+23:39	049	[Urkunde]
76.	Ebert, Nico	KOBRA Formen	M35-39	18	17:50	2:23	(145)	0:37:03	32,39	(27)	29:50	5:03	(153)	1:24:43	+23:42	023	[Urkunde]
77.	Blechs Schmidt, Falk	SG Falkenstein	M55-59	5	16:07	2:09	(76)	0:40:26	29,68	(80)	28:13	4:47	(108)	1:24:46	+23:45	092	[Urkunde]
78.	Dürrbeck, Frank	SG Jöbnitz	M40-44	17	18:52	2:31	(207)	0:40:54	29,34	(87)	25:08	4:16	(33)	1:24:54	+23:53	445	[Urkunde]
79.	Tödtmann, Lorenz	SG Jöbnitz	M20-24	4	19:08	2:33	(214)	0:41:00	29,27	(92)	24:56	4:14	(29)	1:25:04	+24:03	325	[Urkunde]
80.	Hentzschel, Sven	Coswig	M40-44	18	18:00	2:24	(151)	0:39:43	30,21	(63)	27:26	4:39	(82)	1:25:09	+24:08	310	[Urkunde]
81.	Arnold, Sebastian	SSV Blau-Weiß Gersdorf	M35-39	19	16:29	2:12	(91)	0:40:03	29,96	(70)	28:46	4:53	(130)	1:25:18	+24:17	132	[Urkunde]
82.	Künemund, Jürgen	Volkssport Halle	M40-44	19	16:52	2:15	(100)	0:40:46	29,44	(84)	27:56	4:44	(94)	1:25:34	+24:33	353	[Urkunde]
83.	Kruppa, Sven	TSV Elektronik Gornsdorf	M50-54	4	15:46	2:06	(65)	0:40:08	29,90	(73)	29:52	5:04	(154)	1:25:46	+24:45	055	[Urkunde]
84.	Krauss, Axel	TSV Hof 1861	M50-54	5	14:25	1:55	(35)	0:43:23	27,66	(152)	28:02	4:45	(104)	1:25:50	+24:49	091	[Urkunde]
85.	Rink, Patrick	VfB Lengenfeld	M30-34	8	18:27	2:28	(177)	0:43:31	27,58	(157)	23:53	4:03	(13)	1:25:51	+24:50	088	[Urkunde]
86.	Trauboth, Knut	BSV AOK Leipzig	M50-54	6	17:26	2:19	(130)	0:40:10	29,88	(76)	28:24	4:49	(115)	1:26:00	+24:59	101	[Urkunde]
87.	Martin, Marc	ADMEDIA Reha GmbH Chemnitz	M35-39	20	18:14	2:26	(159)	0:39:32	30,35	(55)	28:17	4:48	(111)	1:26:03	+25:02	104	[Urkunde]
88.	Meyer, Mario	SG Rotschau	M45-49	7	19:47	2:38	(238)	0:39:41	30,24	(62)	26:46	4:32	(68)	1:26:14	+25:13	079	[Urkunde]
89.	Kölbel, Michelle	Reichenbach	W25-29	4	17:16	2:18	(120)	0:42:33	28,20	(125)	26:29	4:29	(63)	1:26:18	+25:17	254	[Urkunde]
90.	Lippmann, Tim	Freiberg	M30-34	9	16:50	2:15	(97)	0:40:57	29,30	(88)	28:35	4:51	(120)	1:26:22	+25:21	346	[Urkunde]
91.	Unger, Tim	SV Burkhardtgrün	M20-24	5	14:31	1:56	(36)	0:40:01	29,99	(69)	31:59	5:25	(208)	1:26:31	+25:30	094	[Urkunde]
92.	Rudolph, Steffen	Team Iron Mind	M55-59	6	18:00	2:24	(151)	0:40:41	29,50	(83)	27:56	4:44	(94)	1:26:37	+25:36	138	[Urkunde]
93.	Bucko, Jürgen	Erdinger Active Team	M40-44	20	16:56	2:15	(102)	0:42:16	28,39	(121)	27:26	4:39	(82)	1:26:38	+25:37	352	[Urkunde]
94.	Rosch, Alina	LATV Plauen	wJgdA	1	17:42	2:22	(135)	0:42:38	28,15	(130)	26:28	4:29	(62)	1:26:48	+25:47	241	[Urkunde]
94.	Schmutzler, Philipp	VLV	M35-39	21	18:36	2:29	(187)	0:40:57	29,30	(88)	27:15	4:37	(78)	1:26:48	+25:47	111	[Urkunde]
96.	Rabe, Thomas	Saalfeld	M50-54	7	15:56	2:07	(69)	0:42:10	28,46	(118)	28:59	4:55	(133)	1:27:05	+26:04	093	[Urkunde]
97.	Enders, Patrick	Leubnitzer SV 1898	M40-44	21	19:23	2:35	(225)	0:39:44	30,20	(64)	28:00	4:45	(102)	1:27:07	+26:06	108	[Urkunde]
98.	Trommler, Corinna	RSV Augustusburg	W30-34	2	16:20	2:11	(88)	0:42:05	28,51	(115)	28:45	4:52	(128)	1:27:10	+26:09	238	[Urkunde]
98.	Plontke, Ronny	Team FangtDasGnu	M45-49	8	16:09	2:09	(79)	0:39:23	30,47	(52)	31:38	5:22	(204)	1:27:10	+26:09	041	[Urkunde]
100.	Knabe, Sascha	Reichenbach	M30-34	10	16:20	2:11	(88)	0:42:42	28,10	(132)	28:30	4:50	(117)	1:27:32	+26:31	005	[Urkunde]
101.	Grimm, Lars	Bangkran Racing Team	M45-49	9	17:25	2:19	(129)	0:39:01	30,76	(47)	31:08	5:17	(186)	1:27:34	+26:33	024	[Urkunde]
102.	Will, Charlotte	Plauen	W25-29	5	14:47	1:58	(43)	0:42:54	27,97	(136)	29:56	5:04	(155)	1:27:37	+26:36	205	[Urkunde]
103.	Grellmann, Tobias	Plauen	M40-44	22	16:13	2:10	(80)	0:41:24	28,99	(95)	30:01	5:05	(158)	1:27:38	+26:37	144	[Urkunde]
103.	Ruß, Axel	Herzogenaurach	M50-54	8	18:12	2:26	(158)	0:40:15	29,81	(77)	29:11	4:57	(137)	1:27:38	+26:37	143	[Urkunde]
105.	Gottsmann, Anita	DAV Halle	W25-29	6	16:14	2:10	(81)	0:41:50	28,69	(105)	29:35	5:01	(148)	1:27:39	+26:38	260	[Urkunde]
106.	Tarci, Vladimir	Plauen	M30-34	11	17:05	2:17	(117)	0:40:05	29,94	(71)	30:31	5:10	(170)	1:27:41	+26:40	114	[Urkunde]
107.	Wünsche, Kai E.	Triathlon Team Senftenberg	M40-44	23	19:14	2:34	(219)	0:39:55	30,06	(68)	28:35	4:51	(120)	1:27:44	+26:43	133	[Urkunde]
108.	Engler, Jens	TSCH Langenau	M40-44	24	14:37	1:57	(38)	0:41:59	28,58	(112)	31:20	5:19	(190)	1:27:56	+26:55	029	[Urkunde]
109.	Zeh, Manuel	Herzfabrik Kirche	M35-39	22	17:02	2:16	(110)	0:43:32	27,57	(158)	27:28	4:39	(85)	1:28:02	+27:01	351	[Urkunde]
110.	Kirsten, Melanie	ATS Kulmbach	W20-24	2	16:49	2:15	(95)	0:40:53	29,35	(86)	30:25	5:09	(169)	1:28:07	+27:06	221	[Urkunde]
111.	Schädlich, Matthias	Zwickau	M25-29	12	12:34	1:41	(13)	0:45:39	26,29	(203)	30:00	5:05	(157)	1:28:13	+27:12	126	[Urkunde]
112.	Päßler, Toni	Herzfabrik Kirche	M35-39	23	19:49	2:39	(240)	0:41:48	28,71	(104)	26:40	4:31	(67)	1:28:17	+27:16	106	[Urkunde]
113.	Schröter, Dave	SG Jöbnitz	M35-39	24	18:20	2:27	(170)	0:41:39	28,81	(100)	28:21	4:48	(114)	1:28:20	+27:19	327	[Urkunde]

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Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
113.	Henneberg, Alexander	Papa´s Krieger	M50-54	9	17:42	2:22	(135)	0:43:16	27,73	(144)	27:22	4:38	(80)	1:28:20	+27:19	136	[Urkunde]
115.	Bole, Celine	Bayreuth	W20-24	3	16:08	2:09	(78)	0:43:36	27,52	(161)	28:37	4:51	(123)	1:28:21	+27:20	211	[Urkunde]
116.	Möckel, Rico	Zwickau	M35-39	25	16:26	2:11	(90)	0:41:54	28,64	(106)	30:12	5:07	(161)	1:28:32	+27:31	432	[Urkunde]
117.	Lippmann, Tino	Brand-Erbisdorf	M25-29	13	18:45	2:30	(202)	0:41:37	28,83	(99)	28:11	4:47	(107)	1:28:33	+27:32	347	[Urkunde]
118.	Walther, Fabian	TSV Saalburg e.V.	M40-44	25	14:02	1:52	(31)	0:43:12	27,78	(143)	31:20	5:19	(190)	1:28:34	+27:33	047	[Urkunde]
119.	Härtel, Sascha	SV Grün Weiß Burkhardtgrün	M20-24	6	18:33	2:28	(184)	0:41:39	28,81	(100)	28:38	4:51	(124)	1:28:50	+27:49	392	[Urkunde]
119.	Findeis, Thomas	SG Werda	M55-59	7	19:19	2:35	(221)	0:40:25	29,69	(79)	29:06	4:56	(135)	1:28:50	+27:49	131	[Urkunde]
121.	Kelnar, Petr	Plauen	M35-39	26	19:22	2:35	(224)	0:41:57	28,61	(110)	27:36	4:41	(88)	1:28:55	+27:54	125	[Urkunde]
121.	Fuchs, Heiko	LSV Pirna	M50-54	10	19:36	2:37	(233)	0:41:34	28,87	(97)	27:45	4:42	(92)	1:28:55	+27:54	443	[Urkunde]
123.	Weber, Hendrik	SV Halle Wasserball	mJun	1	12:43	1:42	(15)	0:43:17	27,72	(146)	33:05	5:36	(233)	1:29:05	+28:04	141	[Urkunde]
123.	Grimm, Jens	Boulderhalle Plauen	M50-54	11	17:04	2:17	(113)	0:43:20	27,69	(148)	28:41	4:52	(127)	1:29:05	+28:04	120	[Urkunde]
125.	Rozgongi, Marcel	Sachsenmetall	M45-49	10	15:40	2:05	(62)	0:39:53	30,09	(67)	33:34	5:41	(241)	1:29:07	+28:06	440	[Urkunde]
126.	Armbruster, Sebastian	Xterm Athletic Cross	M25-29	14	15:12	2:02	(50)	0:43:22	27,67	(150)	30:59	5:15	(184)	1:29:33	+28:32	030	[Urkunde]
127.	Scheffler, Jens	Leipzig	M55-59	8	17:52	2:23	(146)	0:42:28	28,26	(123)	29:27	4:59	(145)	1:29:47	+28:46	082	[Urkunde]
128.	Schneider, Marco	SG Jänschwalde	M35-39	27	18:06	2:25	(155)	0:41:14	29,10	(94)	30:38	5:12	(176)	1:29:58	+28:57	451	[Urkunde]
129.	Vogler, Christian	Nürnberg	M30-34	12	17:32	2:20	(132)	0:41:56	28,62	(108)	30:48	5:13	(181)	1:30:16	+29:15	007	[Urkunde]
130.	Mainka, Frank	Jößnitz	M55-59	9	19:01	2:32	(211)	0:40:38	29,53	(82)	30:41	5:12	(177)	1:30:20	+29:19	010	[Urkunde]
131.	Kielmann, Mattheo	Glauchau	mJun	2	16:59	2:16	(105)	0:43:59	27,28	(168)	29:27	4:59	(145)	1:30:25	+29:24	390	[Urkunde]
132.	Türpe, Hendrik	Olbernhau	M40-44	26	17:03	2:16	(112)	0:43:43	27,45	(163)	29:43	5:02	(151)	1:30:29	+29:28	337	[Urkunde]
132.	Fritzsche, Uwe	Saalfelder Schwimmverein	M40-44	26	17:22	2:19	(126)	0:42:35	28,18	(127)	30:32	5:11	(171)	1:30:29	+29:28	057	[Urkunde]
134.	Flechsig, Enrico	Auerbach	M40-44	28	18:44	2:30	(200)	0:41:34	28,87	(97)	30:15	5:08	(163)	1:30:33	+29:32	422	[Urkunde]
135.	Donath, Patrick	ZTO	M30-34	13	18:47	2:30	(203)	0:43:29	27,60	(155)	28:19	4:48	(113)	1:30:35	+29:34	412	[Urkunde]
136.	Brückner, Ringo	TV Dresden	M45-49	11	17:32	2:20	(132)	0:42:24	28,30	(122)	30:46	5:13	(180)	1:30:42	+29:41	344	[Urkunde]
137.	Kölbel, Frank	SC Norweger Annaberg	M60-64	1	18:04	2:25	(154)	0:43:21	27,68	(149)	29:18	4:58	(141)	1:30:43	+29:42	112	[Urkunde]
138.	Meckel, Sandra	LATV Plauen	W50-54	1	16:14	2:10	(81)	0:45:36	26,32	(201)	29:08	4:56	(136)	1:30:58	+29:57	252	[Urkunde]
138.	Pham, Kevin	Dresden	M25-29	15	18:58	2:32	(209)	0:42:56	27,95	(137)	29:04	4:56	(134)	1:30:58	+29:57	380	[Urkunde]
140.	Kielmann, Knut	Glauchau	M45-49	12	17:42	2:22	(135)	0:44:42	26,85	(178)	28:45	4:52	(128)	1:31:09	+30:08	389	[Urkunde]
141.	Ludwig, Florian	Sattlerei Ludwig	M35-39	28	14:35	1:57	(37)	0:46:02	26,07	(211)	30:33	5:11	(172)	1:31:10	+30:09	149	[Urkunde]
142.	Götze, Mike	Athletico Leipzig	M55-59	10	14:45	1:58	(42)	0:44:05	27,22	(170)	32:22	5:29	(215)	1:31:12	+30:11	096	[Urkunde]
143.	Kracht, Oliver	FC Wüstenselbitz	M35-39	29	16:49	2:15	(95)	0:46:23	25,87	(220)	28:03	4:45	(105)	1:31:15	+30:14	418	[Urkunde]
143.	Lindner, Frederic	Leipzig	M40-44	29	18:24	2:27	(172)	0:43:32	27,57	(158)	29:19	4:58	(142)	1:31:15	+30:14	428	[Urkunde]
145.	Schmidt, Falko	Crimmitschau	M35-39	30	21:50	2:55	(286)	0:41:41	28,79	(103)	27:48	4:43	(93)	1:31:19	+30:18	431	[Urkunde]
145.	Stenz, Toralf	Leipzig	M50-54	12	16:14	2:10	(81)	0:42:51	28,00	(134)	32:14	5:28	(213)	1:31:19	+30:18	420	[Urkunde]
147.	Fiolka, Jörg	München	M55-59	11	15:18	2:02	(51)	0:44:12	27,15	(172)	31:56	5:25	(207)	1:31:26	+30:25	123	[Urkunde]
148.	Hebenstreit, Maria	CD ISD Huracan Puerto Sagunto	W40-44	2	17:20	2:19	(124)	0:45:35	26,33	(200)	28:40	4:52	(126)	1:31:35	+30:34	217	[Urkunde]
149.	Kunath, Benjamin	Falkenstein	M35-39	31	21:33	2:52	(281)	0:44:40	26,87	(177)	25:27	4:19	(40)	1:31:40	+30:39	139	[Urkunde]
150.	Dietzsch, Thomas	Radsportteam Reichenbach	M50-54	13	15:20	2:03	(52)	0:45:02	26,65	(186)	31:20	5:19	(190)	1:31:42	+30:41	130	[Urkunde]
151.	Kunitzki, Sylvie	Moritzburger Triathlon Verein	W45-49	2	20:01	2:40	(245)	0:41:57	28,61	(110)	29:46	5:03	(152)	1:31:44	+30:43	240	[Urkunde]
152.	Fliegl, Maximilian	Triptis	M20-24	7	19:53	2:39	(242)	0:45:23	26,44	(195)	26:29	4:29	(63)	1:31:45	+30:44	377	[Urkunde]

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Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
152.	Zwilling, Louis	Triptis	M25-29	16	19:24	2:35	(226)	0:45:33	26,34	(198)	26:48	4:33	(70)	1:31:45	+30:44	385	[Urkunde]
154.	Meichsner, Michael	Droßdorf	M55-59	12	18:10	2:25	(157)	0:42:15	28,40	(119)	31:25	5:19	(197)	1:31:50	+30:49	035	[Urkunde]
155.	Stedte, Kersten Marc	Grüna	M50-54	14	18:41	2:29	(196)	0:43:59	27,28	(168)	29:15	4:57	(138)	1:31:55	+30:54	052	[Urkunde]
156.	Grimm, Niklas	FSV Treuen	mJgdA	2	19:04	2:33	(212)	0:43:29	27,60	(155)	29:24	4:59	(144)	1:31:57	+30:56	025	[Urkunde]
157.	Johannes, Steve	Zeulenroda	M45-49	13	21:56	2:55	(292)	0:39:10	30,64	(50)	30:52	5:14	(183)	1:31:58	+30:57	089	[Urkunde]
158.	Prüfer, Uwe	TDM Franken	M55-59	13	17:55	2:23	(149)	0:42:37	28,16	(129)	31:32	5:21	(201)	1:32:04	+31:03	050	[Urkunde]
159.	Isnardy, Christoph	SG Möschlitz	M30-34	14	17:54	2:23	(148)	0:42:51	28,00	(134)	31:22	5:19	(193)	1:32:07	+31:06	366	[Urkunde]
160.	Mellendorf, Max	Chemnitz	M30-34	15	18:42	2:30	(197)	0:41:54	28,64	(106)	31:35	5:21	(203)	1:32:11	+31:10	107	[Urkunde]
161.	Schulz, Susann	Ingolstadt	W40-44	3	17:45	2:22	(141)	0:49:01	24,48	(266)	25:26	4:19	(39)	1:32:12	+31:11	253	[Urkunde]
162.	Schmidt, Tony	Riesa	M30-34	16	17:48	2:22	(142)	0:42:57	27,94	(138)	31:28	5:20	(199)	1:32:13	+31:12	034	[Urkunde]
163.	Müller, Daniel	Meerane	M40-44	30	18:51	2:31	(206)	0:48:56	24,52	(263)	24:28	4:09	(18)	1:32:15	+31:14	320	[Urkunde]
164.	Voit, Ronny	SV Burkhardtgrün	M50-54	15	16:04	2:09	(74)	0:45:59	26,10	(210)	30:14	5:07	(162)	1:32:17	+31:16	147	[Urkunde]
165.	Dahmen, Mario	TSV 90 Zwickau	M40-44	31	18:29	2:28	(180)	0:41:30	28,92	(96)	32:26	5:30	(216)	1:32:25	+31:24	064	[Urkunde]
166.	Laubmann, Hannah	Gealan TriTeam IFL Hof	W20-24	4	14:41	1:57	(40)	0:45:07	26,60	(189)	32:38	5:32	(222)	1:32:26	+31:25	258	[Urkunde]
167.	Geidel, Carl	Hartenstein	M40-44	32	17:17	2:18	(123)	0:44:57	26,70	(182)	30:24	5:09	(168)	1:32:38	+31:37	122	[Urkunde]
168.	Röthel, Andre	Zwickau	M45-49	14	17:43	2:22	(138)	0:43:58	27,29	(167)	31:11	5:17	(188)	1:32:52	+31:51	110	[Urkunde]
169.	Thurau, Janine	Kolba	W40-44	4	16:51	2:15	(99)	0:45:19	26,48	(193)	30:43	5:12	(179)	1:32:53	+31:52	242	[Urkunde]
170.	Wolf, Henry	SG Adelsberg	M40-44	33	19:35	2:37	(232)	0:41:56	28,62	(108)	31:24	5:19	(195)	1:32:55	+31:54	444	[Urkunde]
171.	Dietz, Daniel	EFC Erzgebirgsadler	M35-39	32	21:35	2:53	(282)	0:43:25	27,64	(153)	27:56	4:44	(94)	1:32:56	+31:55	135	[Urkunde]
172.	Litwinenko, Charlotte	Halle	W25-29	7	19:12	2:34	(217)	0:45:15	26,52	(192)	28:32	4:50	(119)	1:32:59	+31:58	233	[Urkunde]
173.	Suda, Marcel	Rotation Langenbach	M40-44	34	18:03	2:24	(153)	0:46:57	25,56	(227)	28:01	4:45	(103)	1:33:01	+32:00	341	[Urkunde]
174.	Grund, Katrin	Chillrental	W30-34	3	20:09	2:41	(250)	0:44:55	26,72	(180)	27:59	4:45	(98)	1:33:03	+32:02	230	[Urkunde]
174.	Heckmann, Kersten	TV 1848 Erlangen	W55-59	1	18:09	2:25	(156)	0:44:32	26,95	(175)	30:22	5:09	(165)	1:33:03	+32:02	237	[Urkunde]
176.	Lindner, Marcel	Zwickau	M40-44	35	18:44	2:30	(200)	0:45:23	26,44	(195)	29:17	4:58	(140)	1:33:24	+32:23	376	[Urkunde]
176.	Buchold, Jens	TriSport Zedtlitz	M55-59	14	16:56	2:15	(102)	0:46:46	25,66	(224)	29:42	5:02	(149)	1:33:24	+32:23	395	[Urkunde]
178.	Kunde, Christoph	Erfurt	M25-29	17	18:43	2:30	(198)	0:46:10	25,99	(214)	28:36	4:51	(122)	1:33:29	+32:28	357	[Urkunde]
179.	Schmidt, Thomas	PBR	M35-39	33	00:00	0:00	-	0:00:00	0,00	-	30:41	5:12	(177)	1:33:30	+32:29	121	[Urkunde]
180.	Mainka, Nathalie	Dresden	W25-29	8	20:36	2:45	(262)	0:42:33	28,20	(125)	30:22	5:09	(165)	1:33:31	+32:30	232	[Urkunde]
181.	Stoppe, Mario Klaus	Schleiz	M50-54	16	15:56	2:07	(69)	0:45:02	26,65	(186)	32:36	5:32	(219)	1:33:34	+32:33	442	[Urkunde]
182.	Helbig, Thomas	Flekosmudda	M45-49	15	18:31	2:28	(182)	0:43:35	27,53	(160)	31:33	5:21	(202)	1:33:39	+32:38	045	[Urkunde]
183.	Fischer, Nico	Team Rot	M40-44	36	18:25	2:27	(173)	0:44:13	27,14	(173)	31:03	5:16	(185)	1:33:41	+32:40	033	[Urkunde]
184.	Böttrich, Rainer	Team Gassenlauf	M55-59	15	19:29	2:36	(228)	0:43:38	27,50	(162)	30:36	5:11	(175)	1:33:43	+32:42	070	[Urkunde]
185.	Tröltzsch, Falk	Die Triathnauten	M25-29	18	17:21	2:19	(125)	0:43:49	27,39	(165)	32:37	5:32	(221)	1:33:47	+32:46	086	[Urkunde]
186.	Littmann, Rene	Könighain-Wiederau	M40-44	37	18:17	2:26	(163)	0:45:34	26,34	(199)	30:04	5:06	(159)	1:33:55	+32:54	119	[Urkunde]
187.	Haupt, Heiko	Theuma	M50-54	17	16:07	2:09	(76)	0:46:22	25,88	(219)	31:27	5:20	(198)	1:33:56	+32:55	038	[Urkunde]
188.	Meißner, Lucas	SV Blau Weiß Rebesgrün	mJgdA	3	18:57	2:32	(208)	0:49:35	24,20	(275)	25:28	4:19	(42)	1:34:00	+32:59	437	[Urkunde]
189.	Günther, Christin	SV Burkhardtgrün	W40-44	5	19:13	2:34	(218)	0:43:22	27,67	(150)	31:29	5:20	(200)	1:34:04	+33:03	262	[Urkunde]
190.	Schuster, Frank	Triteam SV Sachsen 90 Werdau	M60-64	2	18:34	2:29	(185)	0:48:26	24,78	(253)	27:10	4:36	(76)	1:34:10	+33:09	105	[Urkunde]
191.	Kober, Martin	Reichenbach	M25-29	19	21:07	2:49	(272)	0:44:56	26,71	(181)	28:09	4:46	(106)	1:34:12	+33:11	419	[Urkunde]

## 23. Pöhler Triathlon am 13.08.2023

Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
192.	Beck, Alex	Chemnitz	M45-49	16	17:44	2:22	(140)	0:43:11	27,79	(142)	33:49	5:44	(247)	1:34:44	+33:43	076	[Urkunde]
193.	Tröltzsch, Florian	Die Triathnauten	M30-34	17	16:34	2:13	(93)	0:44:09	27,18	(171)	34:05	5:47	(250)	1:34:48	+33:47	148	[Urkunde]
194.	Pfeil, Frank	TSV 1880 Rüdersdorf	M55-59	16	20:34	2:45	(260)	0:42:35	28,18	(127)	31:42	5:22	(205)	1:34:51	+33:50	429	[Urkunde]
195.	Gdanietz, Alexander	Grünhainichen	M40-44	38	19:32	2:36	(230)	0:47:41	25,17	(242)	27:42	4:42	(91)	1:34:55	+33:54	446	[Urkunde]
196.	Kelnar, Zuzana	Plauen	W35-39	1	18:25	2:27	(173)	0:45:24	26,43	(197)	31:09	5:17	(187)	1:34:58	+33:57	250	[Urkunde]
197.	Pohl, Stefan	Chemnitz	M40-44	39	18:17	2:26	(163)	0:47:27	25,29	(239)	29:15	4:57	(138)	1:34:59	+33:58	319	[Urkunde]
198.	Obermann, Katrin	Wasserwacht Plauen	W50-54	2	20:07	2:41	(248)	0:45:01	26,66	(185)	29:57	5:05	(156)	1:35:05	+34:04	257	[Urkunde]
199.	Schneider, Dustin	Adorf	mJgdA	4	19:31	2:36	(229)	0:40:59	29,28	(91)	34:45	5:53	(264)	1:35:15	+34:14	367	[Urkunde]
200.	Rottmann, Thomas	Sportfreunde Marienthal	M55-59	17	18:15	2:26	(160)	0:42:42	28,10	(132)	34:26	5:50	(258)	1:35:23	+34:22	067	[Urkunde]
201.	Graumüller, Konrad	TSV 1880 Gera Zwötzen	mJgdA	5	15:34	2:05	(59)	0:45:39	26,29	(203)	34:13	5:48	(254)	1:35:26	+34:25	083	[Urkunde]
202.	Günther, Susann	FC Erzgebirge Aue Ski	W45-49	3	22:05	2:57	(296)	0:44:58	26,69	(183)	28:24	4:49	(115)	1:35:27	+34:26	259	[Urkunde]
203.	Wunderlich, Erik	Rosenbach	M45-49	17	19:10	2:33	(216)	0:43:25	27,64	(153)	33:04	5:36	(231)	1:35:39	+34:38	349	[Urkunde]
204.	Weiß, Thomas	SG Möschlitz	M45-49	18	21:54	2:55	(289)	0:43:18	27,71	(147)	30:35	5:11	(173)	1:35:47	+34:46	356	[Urkunde]
205.	Stirner, Christin	Plauen	W35-39	2	21:10	2:49	(274)	0:46:27	25,83	(221)	28:15	4:47	(110)	1:35:52	+34:51	206	[Urkunde]
206.	Hiersemann, Martin	STV Limbach-Oberfrohna	M40-44	40	18:35	2:29	(186)	0:42:29	28,25	(124)	34:53	5:55	(267)	1:35:57	+34:56	388	[Urkunde]
207.	Thiele, Annett	LSV Pirna	W50-54	3	20:28	2:44	(257)	0:45:20	26,47	(194)	30:19	5:08	(164)	1:36:07	+35:06	251	[Urkunde]
208.	Sattler, Moritz	MTB Reichenbach	M25-29	20	18:26	2:27	(175)	0:45:04	26,63	(188)	32:38	5:32	(222)	1:36:08	+35:07	359	[Urkunde]
209.	Kessler, Antje	Boulderhalle Plauen	W45-49	4	15:59	2:08	(71)	0:47:54	25,05	(250)	32:17	5:28	(214)	1:36:10	+35:09	249	[Urkunde]
210.	Kühn, Michael	SVV Plauen	M50-54	18	13:57	1:52	(29)	0:49:35	24,20	(275)	32:44	5:33	(225)	1:36:16	+35:15	017	[Urkunde]
211.	Gruner, Norbert	Plauen	M40-44	41	15:33	2:04	(57)	0:46:58	25,55	(229)	33:48	5:44	(246)	1:36:19	+35:18	051	[Urkunde]
212.	Wermke, Rene	Grüna	M40-44	42	19:26	2:35	(227)	0:46:18	25,92	(218)	30:48	5:13	(181)	1:36:32	+35:31	301	[Urkunde]
213.	Schreiter, Marcus	Fockendorf	M40-44	43	18:40	2:29	(194)	0:45:52	26,16	(207)	32:06	5:26	(210)	1:36:38	+35:37	396	[Urkunde]
214.	Klug, Kajo	Treuener LV	mJun	3	21:13	2:50	(276)	0:46:36	25,75	(222)	28:52	4:54	(132)	1:36:41	+35:40	423	[Urkunde]
215.	Osada, Nadine	Großfriesen	W45-49	5	18:48	2:30	(204)	0:45:55	26,13	(208)	32:06	5:26	(210)	1:36:49	+35:48	219	[Urkunde]
216.	Knüpfer, Katja	Treuen	W20-24	5	16:59	2:16	(105)	0:47:03	25,50	(231)	32:51	5:34	(226)	1:36:53	+35:52	225	[Urkunde]
217.	Kadatz, Marko	Plauen	M50-54	19	22:23	2:59	(298)	0:48:42	24,64	(259)	25:53	4:23	(52)	1:36:58	+35:57	401	[Urkunde]
218.	Rath, Thomas	Herzfabrik Kirche	M55-59	18	20:17	2:42	(253)	0:48:44	24,62	(260)	27:59	4:45	(98)	1:37:00	+35:59	384	[Urkunde]
219.	Grüner, Stefan	VSV Fortuna Göltzschtal	M30-34	18	21:09	2:49	(273)	0:43:07	27,83	(141)	32:57	5:35	(228)	1:37:13	+36:12	332	[Urkunde]
220.	Zeh, Markus	Rebesgrün	M45-49	19	24:33	3:16	(315)	0:44:16	27,11	(174)	28:30	4:50	(117)	1:37:19	+36:18	042	[Urkunde]
221.	Nußgräber, Dieter	ASV Triathlon Kulmbach	M70-74	1	18:37	2:29	(189)	0:45:38	26,30	(202)	33:12	5:38	(235)	1:37:27	+36:26	085	[Urkunde]
222.	David, Frank	Irfersgrün	M55-59	19	20:55	2:47	(269)	0:43:06	27,84	(140)	33:30	5:41	(237)	1:37:31	+36:30	433	[Urkunde]
223.	Stark, Katharina	Fräulein Triathlon	W45-49	6	18:28	2:28	(179)	0:46:44	25,68	(223)	32:36	5:32	(219)	1:37:48	+36:47	203	[Urkunde]
224.	Hölzel, Rico	Rodewisch	M40-44	44	21:17	2:50	(278)	0:47:47	25,11	(247)	28:48	4:53	(131)	1:37:52	+36:51	331	[Urkunde]
225.	Köbel, Tom	Auerbach	M30-34	19	18:37	2:29	(189)	0:47:07	25,47	(233)	32:26	5:30	(216)	1:38:10	+37:09	399	[Urkunde]
226.	Fest, Carsten	Lauter-Bernsbach	M45-49	20	20:37	2:45	(264)	0:46:14	25,96	(216)	31:22	5:19	(193)	1:38:13	+37:12	417	[Urkunde]
227.	Seegers, Uwe	Triathlon Gera	M70-74	2	15:55	2:07	(68)	0:47:18	25,37	(236)	35:02	5:56	(270)	1:38:15	+37:14	004	[Urkunde]
228.	Heidrich, Bastian	Lichtenau	M20-24	8	18:36	2:29	(187)	0:45:44	26,24	(205)	34:05	5:47	(250)	1:38:25	+37:24	405	[Urkunde]
229.	Anhut, Annett	TSV Elektronik Gornsdorf	W50-54	4	19:38	2:37	(235)	0:50:37	23,71	(284)	28:13	4:47	(108)	1:38:28	+37:27	222	[Urkunde]
230.	Haase, Julian Edgar	Erfurt	M20-24	9	20:35	2:45	(261)	0:45:14	26,53	(191)	32:52	5:34	(227)	1:38:41	+37:40	340	[Urkunde]

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Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
231.	Ellinger, Christoph	Beachbasketballer Plauen	M40-44	45	21:54	2:55	(289)	0:46:52	25,60	(226)	30:04	5:06	(159)	1:38:50	+37:49	434	[Urkunde]
232.	Donat, Jens	Erfurt	M45-49	21	18:27	2:28	(177)	0:47:03	25,50	(231)	33:31	5:41	(239)	1:39:01	+38:00	413	[Urkunde]
233.	Heinbuch, Elke	ASV Triathlon Kulmbach	W55-59	2	17:12	2:18	(119)	0:47:46	25,12	(246)	34:08	5:47	(252)	1:39:06	+38:05	210	[Urkunde]
234.	Laufer, Thomas	Team Icehouse	M55-59	20	19:34	2:37	(231)	0:47:39	25,18	(241)	31:54	5:24	(206)	1:39:07	+38:06	065	[Urkunde]
235.	Lorenz, Chris	Plauen	M30-34	20	18:59	2:32	(210)	0:47:43	25,15	(244)	32:28	5:30	(218)	1:39:10	+38:09	075	[Urkunde]
236.	Heller, Sebastian	Zwota	M40-44	46	20:05	2:41	(247)	0:47:15	25,40	(235)	32:01	5:26	(209)	1:39:21	+38:20	304	[Urkunde]
237.	Kalinowski, Bernd	Laufclub Rudolstadt	M45-49	22	23:26	3:07	(311)	0:48:30	24,74	(254)	27:26	4:39	(82)	1:39:22	+38:21	400	[Urkunde]
238.	Leipold, Alexander	Naturfreunde Plauen	M45-49	23	21:55	2:55	(291)	0:46:11	25,98	(215)	31:18	5:18	(189)	1:39:24	+38:23	117	[Urkunde]
239.	Weber, Thomas	Kobra Formen	M40-44	47	18:15	2:26	(160)	0:47:37	25,20	(240)	33:35	5:42	(242)	1:39:27	+38:26	449	[Urkunde]
240.	Berthold, Malte	USV Halle	M35-39	34	17:16	2:18	(120)	0:49:12	24,39	(270)	33:10	5:37	(234)	1:39:38	+38:37	150	[Urkunde]
241.	Müller, Ralph	Gealan TriTeam lfl Hof	M45-49	24	17:39	2:21	(134)	0:47:00	25,53	(230)	35:05	5:57	(271)	1:39:44	+38:43	425	[Urkunde]
242.	Hahn-Gey, Claudia	Saalfelder Schwimmverein	W50-54	5	18:16	2:26	(162)	0:48:36	24,69	(257)	33:23	5:39	(236)	1:40:15	+39:14	216	[Urkunde]
243.	Wittig, Sven	Langenwetzendorf	M50-54	20	20:01	2:40	(245)	0:46:06	26,03	(212)	34:09	5:47	(253)	1:40:16	+39:15	439	[Urkunde]
244.	Eißner, Steffen	Chemnitz	M60-64	3	18:38	2:29	(191)	0:47:54	25,05	(250)	33:49	5:44	(247)	1:40:21	+39:20	084	[Urkunde]
245.	Frisch, Angela	ESV Lok Adorf	W55-59	3	20:11	2:41	(252)	0:48:58	24,51	(265)	31:24	5:19	(195)	1:40:33	+39:32	227	[Urkunde]
246.	Hocke, Jörg	KSV Pausa	M50-54	21	18:32	2:28	(183)	0:49:12	24,39	(270)	33:00	5:36	(230)	1:40:44	+39:43	358	[Urkunde]
247.	Hermann, Christian	Plauen	M40-44	48	18:30	2:28	(181)	0:48:48	24,59	(261)	33:31	5:41	(239)	1:40:49	+39:48	323	[Urkunde]
248.	Seltmann, Jörg	SV Grün Weiß Burkhardtgrün	M50-54	22	22:37	3:01	(301)	0:43:50	27,38	(166)	34:39	5:52	(262)	1:41:06	+40:05	394	[Urkunde]
249.	Kreisig, Jakob	Plauen	M30-34	21	18:38	2:29	(191)	0:49:01	24,48	(266)	33:36	5:42	(243)	1:41:15	+40:14	321	[Urkunde]
250.	Marscheider, Philipp	Plauen	M35-39	35	21:51	2:55	(287)	0:43:48	27,40	(164)	35:40	6:03	(277)	1:41:19	+40:18	313	[Urkunde]
251.	Brand, Marco	OKV	M45-49	25	22:04	2:57	(295)	0:44:51	26,76	(179)	34:29	5:51	(259)	1:41:24	+40:23	421	[Urkunde]
252.	Neumann, Dominik	Plauen	M40-44	49	19:21	2:35	(223)	0:49:03	24,46	(268)	33:04	5:36	(231)	1:41:28	+40:27	308	[Urkunde]
253.	Bräutigam, Lars	Mechelgrün	M35-39	36	22:16	2:58	(297)	0:49:16	24,36	(272)	30:22	5:09	(165)	1:41:54	+40:53	345	[Urkunde]
254.	Lärz, Lucas	Triptis	M25-29	21	23:41	3:09	(312)	0:47:59	25,01	(252)	30:35	5:11	(173)	1:42:15	+41:14	379	[Urkunde]
255.	Pappritz, Andrea	Fräulein Triathlon	W30-34	4	21:37	2:53	(283)	0:46:08	26,01	(213)	34:38	5:52	(260)	1:42:23	+41:22	215	[Urkunde]
256.	Schäfer, Rene	Bulleritz	M30-34	22	20:51	2:47	(268)	0:44:32	26,95	(175)	37:05	6:17	(285)	1:42:28	+41:27	424	[Urkunde]
257.	Göpfarth, Rocco	TC Mia	M55-59	21	17:49	2:23	(144)	0:45:50	26,18	(206)	38:52	6:35	(297)	1:42:31	+41:30	364	[Urkunde]
258.	Fischer, Bettina	Bad Elster	W35-39	3	17:48	2:22	(142)	0:46:17	25,93	(217)	38:34	6:32	(292)	1:42:39	+41:38	208	[Urkunde]
259.	Roedel, Berthe	Berlin	W25-29	9	18:40	2:29	(194)	0:47:22	25,33	(238)	36:48	6:14	(284)	1:42:50	+41:49	209	[Urkunde]
260.	Wagner, Manuel	Fraureuth	M30-34	23	17:22	2:19	(126)	0:50:49	23,61	(286)	35:01	5:56	(269)	1:43:12	+42:11	373	[Urkunde]
261.	Hamann, Christina	SV 1953 Großwaltersdorf	W45-49	7	19:18	2:34	(220)	0:50:16	23,87	(281)	33:49	5:44	(247)	1:43:23	+42:22	226	[Urkunde]
262.	Voigtmann, Jan	Plauen	M25-29	22	19:49	2:39	(240)	0:51:39	23,23	(292)	32:10	5:27	(212)	1:43:38	+42:37	409	[Urkunde]
263.	Ludwig, Frank	TV 1848 Erlangen	M65-69	1	19:43	2:38	(237)	0:45:00	26,67	(184)	39:31	6:42	(300)	1:44:14	+43:13	408	[Urkunde]
264.	Beyer-Gloeckner, Annett	Laufclub Rudolstadt	W45-49	8	24:21	3:15	(314)	0:47:18	25,37	(236)	32:43	5:33	(224)	1:44:22	+43:21	235	[Urkunde]
265.	Pohl, Rainer	Plauen	M35-39	37	21:43	2:54	(285)	0:45:07	26,60	(189)	37:36	6:22	(287)	1:44:26	+43:25	333	[Urkunde]
266.	Lori, Denis	Dresden	M50-54	23	23:00	3:04	(305)	0:46:51	25,61	(225)	34:42	5:53	(263)	1:44:33	+43:32	338	[Urkunde]
267.	Matthies, Karl	Plauen	M25-29	23	18:17	2:26	(163)	0:45:58	26,11	(209)	40:22	6:51	(306)	1:44:37	+43:36	343	[Urkunde]
268.	Reuther, Philipp	Chemnitz	M25-29	24	18:22	2:27	(171)	0:47:41	25,17	(242)	38:39	6:33	(293)	1:44:42	+43:41	036	[Urkunde]
268.	Götz, Uwe	Zwickau	M55-59	22	21:01	2:48	(271)	0:48:56	24,52	(263)	34:45	5:53	(264)	1:44:42	+43:41	129	[Urkunde]

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Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Strn.	Download
270.	Kielmann, Lydia	Glauchau	W45-49	9	20:27	2:44	(256)	0:49:33	24,22	(274)	34:47	5:54	(266)	1:44:47	+43:46	229	[Urkunde]
271.	Pohl, Eduard	Zwickau	M70-74	3	17:10	2:17	(118)	0:50:26	23,79	(282)	37:16	6:19	(286)	1:44:52	+43:51	006	[Urkunde]
272.	Orlob, Paul	Dresden	M25-29	25	23:24	3:07	(310)	0:46:57	25,56	(227)	34:38	5:52	(260)	1:44:59	+43:58	391	[Urkunde]
273.	Hubo, Bernd	SV 04 Oberlosa	M55-59	23	17:53	2:23	(147)	0:52:24	22,90	(297)	34:53	5:55	(267)	1:45:10	+44:09	362	[Urkunde]
274.	Cwienzek, Cosima	Dresden	W20-24	6	23:14	3:06	(308)	0:47:44	25,14	(245)	34:22	5:49	(257)	1:45:20	+44:19	231	[Urkunde]
275.	Zobel, Gerd	TC Treuen	M55-59	24	21:15	2:50	(277)	0:47:53	25,06	(249)	36:25	6:10	(278)	1:45:33	+44:32	441	[Urkunde]
276.	Wagner, Robby	SV Zwickau 04	M60-64	4	20:36	2:45	(262)	0:48:35	24,70	(256)	36:39	6:13	(283)	1:45:50	+44:49	403	[Urkunde]
276.	Lyda, Peter	Naturfreunde Kirchenlamitz	M65-69	2	22:00	2:56	(293)	0:50:10	23,92	(280)	33:40	5:42	(245)	1:45:50	+44:49	068	[Urkunde]
278.	Ketscher, Wolfgang	Triathlon Jena e.V.	M70-74	4	16:44	2:14	(94)	0:49:52	24,06	(278)	39:23	6:41	(299)	1:45:59	+44:58	328	[Urkunde]
279.	Wünsch, Uwe	Der unorganisierte Haufen	M55-59	25	19:39	2:37	(236)	0:50:08	23,94	(279)	36:33	6:12	(280)	1:46:20	+45:19	318	[Urkunde]
280.	Ebenhöch, Frank	Triathlonteam Aue/Mechelgrün	M50-54	24	25:40	3:25	(320)	0:47:51	25,08	(248)	33:30	5:41	(237)	1:47:01	+46:00	013	[Urkunde]
281.	Jankowski, Lutz	Plauen	M55-59	26	22:03	2:56	(294)	0:51:07	23,48	(290)	34:20	5:49	(255)	1:47:30	+46:29	071	[Urkunde]
282.	Strebelow, Francis	Treuen	M20-24	10	18:19	2:27	(168)	0:56:28	21,25	(316)	32:59	5:35	(229)	1:47:46	+46:45	315	[Urkunde]
283.	Hösel, Bianca	Oelsnitz	W30-34	5	22:23	2:59	(298)	0:47:09	25,45	(234)	38:42	6:34	(295)	1:48:14	+47:13	220	[Urkunde]
284.	Gößl, Christian	Plauen	M35-39	38	17:00	2:16	(108)	0:55:49	21,50	(313)	35:26	6:00	(274)	1:48:15	+47:14	326	[Urkunde]
285.	Gerstenberger, Eyrik	WBS-Schulen Plauen	M20-24	11	25:47	3:26	(321)	0:49:11	24,40	(269)	33:38	5:42	(244)	1:48:36	+47:35	383	[Urkunde]
286.	Wolf, Hans	EGZ Triathlon Görlitz	M65-69	3	21:12	2:50	(275)	0:51:02	23,51	(289)	36:34	6:12	(281)	1:48:48	+47:47	411	[Urkunde]
287.	Maier, Jörg	Thum	M55-59	27	23:04	3:05	(306)	0:56:34	21,21	(317)	29:23	4:59	(143)	1:49:01	+48:00	381	[Urkunde]
288.	Jaensch, Andre	Netzschkau	M45-49	26	18:26	2:27	(175)	0:48:30	24,74	(254)	42:21	7:11	(315)	1:49:17	+48:16	021	[Urkunde]
289.	Wetzig, Lutz	Weida	M55-59	28	18:50	2:31	(205)	0:52:32	22,84	(298)	37:58	6:26	(289)	1:49:20	+48:19	314	[Urkunde]
290.	Lützel, Martin	Vogtländischer Jagdverein Plauen	M40-44	50	25:16	3:22	(319)	0:48:48	24,59	(261)	35:23	6:00	(273)	1:49:27	+48:26	427	[Urkunde]
291.	Weichert, Rocky	Freital	M30-34	24	22:44	3:02	(303)	0:50:27	23,79	(283)	36:36	6:12	(282)	1:49:47	+48:46	066	[Urkunde]
292.	Behning, Doris	Saalfelder LV	W60-64	1	20:28	2:44	(257)	0:53:53	22,27	(305)	35:39	6:03	(276)	1:50:00	+48:59	234	[Urkunde]
293.	Mlynek, Markus	IfL Hof	M50-54	25	22:39	3:01	(302)	0:52:21	22,92	(296)	35:05	5:57	(271)	1:50:05	+49:04	397	[Urkunde]
294.	Härtl, Maria	Jößnitz	W40-44	6	20:10	2:41	(251)	0:49:43	24,14	(277)	40:22	6:51	(306)	1:50:15	+49:14	244	[Urkunde]
295.	Scholz, Lysiane	Waldkirchen	W20-24	7	18:17	2:26	(163)	0:55:33	21,60	(312)	36:28	6:11	(279)	1:50:18	+49:17	239	[Urkunde]
296.	Brückner, Sandy	DLRG Heidenau	W40-44	7	19:04	2:33	(212)	0:51:49	23,16	(293)	39:32	6:42	(301)	1:50:25	+49:24	213	[Urkunde]
297.	Richter, Uwe	Thum	M55-59	29	26:19	3:31	(323)	0:48:41	24,65	(258)	35:29	6:01	(275)	1:50:29	+49:28	402	[Urkunde]
298.	Heiner, Peter	TC Mia	M60-64	5	20:07	2:41	(248)	0:52:19	22,94	(295)	38:41	6:33	(294)	1:51:07	+50:06	363	[Urkunde]
299.	Vogel, Dirk	Weischlitz	M50-54	26	19:47	2:38	(238)	0:51:37	23,25	(291)	40:10	6:48	(303)	1:51:34	+50:33	365	[Urkunde]
300.	Kühn, Anja	Fräulein Triathlon	W45-49	10	24:43	3:18	(317)	0:52:53	22,69	(301)	34:20	5:49	(255)	1:51:56	+50:55	202	[Urkunde]
301.	Ulbricht, Ansgar	Leipzig	M60-64	6	21:27	2:52	(279)	0:51:01	23,52	(288)	39:46	6:44	(302)	1:52:14	+51:13	436	[Urkunde]
302.	Zschögner, Klaus	HKV Noßwitz	M65-69	4	21:52	2:55	(288)	0:52:39	22,79	(300)	38:02	6:27	(290)	1:52:33	+51:32	361	[Urkunde]
303.	Wolf, Andreas	SV Rot Weiß Treuen	M50-54	27	19:36	2:37	(233)	0:53:49	22,30	(304)	39:12	6:39	(298)	1:52:37	+51:36	447	[Urkunde]
304.	Berghänel, Christian	Schwimmclub Chemnitz	M65-69	5	20:47	2:46	(266)	0:51:53	23,13	(294)	40:12	6:49	(304)	1:52:52	+51:51	355	[Urkunde]
305.	Fischer, Ute	TSV 1888 Falkenau	W55-59	4	23:18	3:06	(309)	0:49:19	24,33	(273)	40:23	6:51	(308)	1:53:00	+51:59	207	[Urkunde]
306.	Rudolph, Matthias	Chemnitz	M55-59	30	20:23	2:43	(254)	0:50:53	23,58	(287)	42:02	7:07	(314)	1:53:18	+52:17	305	[Urkunde]
307.	Kowalski, Edith	Triathlon Gera	W65-69	1	20:50	2:47	(267)	0:50:38	23,70	(285)	41:53	7:06	(313)	1:53:21	+52:20	246	[Urkunde]
308.	Turban, Michel	Reichenbach	mJgdA	6	21:29	2:52	(280)	0:53:04	22,61	(302)	40:13	6:49	(305)	1:54:46	+53:45	372	[Urkunde]

## 23. Pöhler Triathlon am 13.08.2023

Plg.	Name	Verein / Ort	AK	Pos	Swim	min/100m	Rnk	Bike	km/h	Rnk	Run	min/km	Rnk	Zielzeit	Diff.	Stnr.	Download
309.	Wazlawik, Thomas	Plauen	M55-59	31	19:19	2:35	(221)	0:56:38	21,19	(318)	40:28	6:52	(309)	<b>1:56:25</b>	+55:24	311	[Urkunde]
310.	Schmidt, Falk	Wasserwacht Plauen	M55-59	32	18:18	2:26	(167)	0:52:32	22,84	(298)	47:00	7:58	(323)	<b>1:57:50</b>	+56:49	145	[Urkunde]
311.	Mandel, Marcel	Freiberg	M40-44	51	19:53	2:39	(242)	0:57:15	20,96	(320)	40:45	6:54	(310)	<b>1:57:53</b>	+56:52	382	[Urkunde]
312.	Schöpplein, Erik	Plauen	M40-44	52	19:57	2:40	(244)	0:54:08	22,17	(307)	43:54	7:26	(319)	<b>1:57:59</b>	+56:58	302	[Urkunde]
313.	Müller, Gerhard	TDM Franken	M75-100	1	20:55	2:47	(269)	0:56:51	21,11	(319)	40:47	6:55	(311)	<b>1:58:33</b>	+57:32	398	[Urkunde]
314.	Blehschmidt, Reina	SG Falkenstein	W50-54	6	25:09	3:21	(318)	0:56:11	21,36	(315)	37:47	6:24	(288)	<b>1:59:07</b>	+58:06	248	[Urkunde]
315.	Scharek, Andreas	Reichenbach	M60-64	7	27:26	3:39	(327)	0:54:11	22,15	(308)	38:04	6:27	(291)	<b>1:59:41</b>	+58:40	448	[Urkunde]
316.	Körbs, Dirk	Nossen	M55-59	33	27:22	3:39	(326)	0:53:43	22,34	(303)	38:43	6:34	(296)	<b>1:59:48</b>	+58:47	330	[Urkunde]
317.	Richter, Nicolas	Leipzig	M25-29	26	21:39	2:53	(284)	0:56:02	21,42	(314)	44:32	7:33	(320)	<b>2:02:13</b>	+61:12	438	[Urkunde]
318.	Fritsch, Clemens	Bad Elster	M40-44	53	17:02	2:16	(110)	1:00:40	19,78	(326)	44:32	7:33	(320)	<b>2:02:14</b>	+61:13	387	[Urkunde]
319.	Rosenthal, Grit	Zell am Main	W55-59	5	23:04	3:05	(306)	0:57:43	20,79	(323)	42:37	7:13	(316)	<b>2:03:24</b>	+62:23	214	[Urkunde]
319.	Müller, Werner	LATV Plauen	M70-74	5	23:56	3:11	(313)	0:57:55	20,72	(324)	41:33	7:03	(312)	<b>2:03:24</b>	+62:23	415	[Urkunde]
321.	Rau, Matthias	Groß Gerau	M40-44	54	22:45	3:02	(304)	0:54:44	21,92	(310)	47:28	8:03	(326)	<b>2:04:57</b>	+63:56	053	[Urkunde]
322.	Hauck, Anett	Chemnitz	W40-44	8	20:31	2:44	(259)	0:57:29	20,88	(322)	47:01	7:58	(324)	<b>2:05:01</b>	+64:00	228	[Urkunde]
323.	Mlynek, Anne	IfL Hof	W20-24	8	22:28	3:00	(300)	0:54:22	22,07	(309)	48:54	8:17	(328)	<b>2:05:44</b>	+64:43	224	[Urkunde]
324.	Schmieder, Kerstin	Aue-Bad Schlema	W55-59	6	26:01	3:28	(322)	0:53:57	22,24	(306)	47:20	8:01	(325)	<b>2:07:18</b>	+66:17	218	[Urkunde]
325.	Rose, Kathrin	Plauen	W40-44	9	24:35	3:17	(316)	1:00:19	19,89	(325)	44:32	7:33	(320)	<b>2:09:26</b>	+68:25	223	[Urkunde]
326.	Brumme, Thomas	Freiberg	M40-44	55	32:31	4:20	(328)	0:55:08	21,77	(311)	42:53	7:16	(317)	<b>2:10:32</b>	+69:31	369	[Urkunde]
327.	Kutzmann, Anja	Fräulein Triathlon	W40-44	10	26:48	3:34	(325)	1:02:03	19,34	(328)	43:39	7:24	(318)	<b>2:12:30</b>	+71:29	212	[Urkunde]
328.	Gollub, Michael	Plauen	M45-49	27	26:39	3:33	(324)	1:01:13	19,60	(327)	48:20	8:12	(327)	<b>2:16:12</b>	+75:11	335	[Urkunde]
DNF	Feder, Hartmut	SC Riesa	M60-64		20:37	2:45	(264)	0:57:15	20,96	(320)	00:00	0:00	-	DNF		044	[Urkunde]